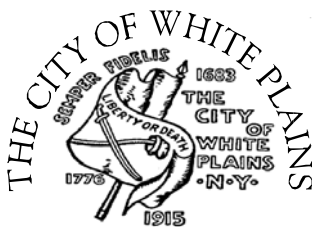


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**FOR IMMEDIATE RELEASE**

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## **WHITE PLAINS GETS READY TO JUMP IN AND SWIM!**

**White Plains, NY – March 25th, 2022.** Get ready to – JUMP IN AND SWIM! The City of White Plains' 9<sup>th</sup> annual learn to swim & water safety program kicks off on April 1<sup>st</sup>, 2022.

Jump In and Swim is all about exposing children and adults to water safety and swimming through a series of free learn to swim activities and classes. Our goal is to educate parents and children to practice safety, learn essential water skills, and reduce the risk of drowning.

In the spring of 2012, White Plains Mayor Tom Roach called together the various aquatic provider agencies in the City. As a result of this meeting, a coalition of community partners was formed with White Plains Recreation & Parks, White Plains City School District, YWCA of White Plains & Central Westchester & the White Plains Youth Bureau with the goal of increasing the number of children right here in White Plains that know how to swim. Each agency has contributed time and resources to making "Jump in and Swim" a wave of opportunity for the residents of White Plains. In fact, the City of White Plains now has a competing recreation swim team that was born out of these efforts.

This year, Jump In and Swim will be expanded to include free learn to swim clinics for White Plains public school 6<sup>th</sup> graders who are non-swimmers. This valuable introduction to swimming for all White Plains Public School District 6<sup>th</sup> graders who participate is aimed at helping them become water safe.

In addition, Jump In and Swim will include a number of other opportunities for the public – all free, including:

- **Friday April 1st. –Family Swim Game Night from 7:30-8:30 PM, Saturday April 2nd. – Water Safety Clinic from 11:00-12:00 PM, Intro to Water from 12:15-1:15 PM, Adult Learn to Swim from 1:30-2:30 PM** at White Plains High School Pool hosted by White Plains Recreation & Parks. Must register in advance by calling Rec & Parks, 422-1363
- **Saturday April 9<sup>th</sup> - Free Family Swim from 4:00-5:00 PM and Sunday April 10th - Water Safety Skills Class from 4:00-5:00 PM** hosted by the YWCA of White Plains & Central Westchester. Must register in advance by calling 949-6227.
- To receive a full listing of all Jump In and Swim activities visit the City website at: [www.cityofwhiteplains.com](http://www.cityofwhiteplains.com).