



BE PREPARED IN THE EVENT OF AN EMERGENCY

SIGN UP FOR THE SPECIAL NEEDS REGISTRY

The City of White Plains and the Mayor's Advisory Committee for People with Disabilities urge all residents with disabilities to be proactive and register with Westchester County's Special Needs Registry. This Registry helps White Plains police, fire and other first responders better prepare for your needs during times of emergency. But it can only work if you register!

DO YOU:

- Use life support systems such as oxygen, respirator, ventilator, dialysis, pacemaker, or are you insulin dependent?
- Have mobility disabilities and use a wheelchair, scooter, walker, cane, or other mobility device?
- Have a visual impairment, such as blindness or are you hard of hearing or deaf?
- Have speech, cognitive, developmental or mental health disabilities?
- Use assistive animals or a prosthesis?

WHY REGISTER:

- White Plains first responders will be aware of your medical conditions/disabilities and will be better prepared to assist you during an emergency;
- Accessible shelters will be in place and available to you in the event you are displaced or if your home heating or electric system is down;
- Back-up power sources can be made available for certain types of medical equipment; and
- You will receive a check-up call to assess your situation.

To register with the Westchester County Special Needs Registry and for additional information:
www.westchestergov.com/specialneeds
Or call 211 to register directly

Personal Preparedness

Emergency situations can occur in just a few seconds. Are you prepared? A little preparation now can go a long way toward making such situations less stressful. If you or someone in your family has a special health care need remember to take it into consideration when preparing for an emergency situation.

YOUR PERSONAL PREPAREDNESS PLAN SHOULD INCLUDE:

- **Supply kit.** If you take medication or use a medical treatment on a regular basis, be sure you have what you need to care for yourself for at least three days. Some common items that you should consider having in your home include extra eyeglasses, hearing aids and hearing aid batteries, wheelchair batteries, oxygen.
- **Emergency documents.** This includes a list of prescriptions, including dosage and treatment; a list of allergies; copies of health insurance cards; contact information for doctors, pharmacist, and medical supply providers.
- **Food and documents for service animals.** Make sure you provide for your service animal's needs, including extra food and water, collar with ID tag, proof of rabies vaccination, other related pet supplies.