

Pre-School Programs

Arts & Crafts "Sticky Fingers"

Children have a great time with arts and crafts activities using a variety of art mediums. A smock or oversized t-shirt is necessary.

Age Group 3-5 Years
Day/Time Monday
3 Years, with Caregiver-12:45-1:30pm
211010-C1 Begins September 19, 10 Sessions
No Session 10/3, 10/10

211010-C2 Begins January 23, 8 Sessions
No Session 2/20

4-5 Years, Children Only - 1:45-2:30pm
211010-C3 Begins September 19, 10 Sessions
No Session 10/3, 10/10

211010-C4 C4 Begins January 23, 8 Sessions
No Session 2/20

Location Gillie Recreation Room
Registration On going
Fee: \$120-10 Sessions, \$95-8 Sessions

Funtastic Fitness

This class is an introduction to fitness through aerobics, calisthenics and movement games. Children have fun while getting fit and building coordination, balance and stamina; comfortable clothing and sneakers necessary.

Age Group 4-5 Years, **Children Only**
Day/Time Wednesday, 12:30-1:30pm, 10 Sessions
Course # **211010-F1** Begins September 21
No Session 10/12

Course # **211010-F2** Begins January 11
No Session 2/22

Location Gillie Recreation Room
Registration Ongoing
Fee \$120



Little Playmates

new

Children will enjoy a variety of activities that promote socialization, eye-hand coordination, language and speech development. Age appropriate activities include storytelling, singalongs, arts & crafts, movement and play.

Age Group 18 Months - 2 Years, **with caregiver**
Day/Time Wednesday or Thursday, 9:30-10:30am, 10 Sessions
Course # **211010-P1** Wednesday, September 21
No Session 10/12
211010-P2 Begins Thursday, September 22
No Session 11/24
211010-P4 Begins Wednesday, January 11
No Session 2/23
211010-P5 Begins Thursday, January 12
No Session 2/23

Age Group 3 Years, **with caregiver**
Day/Time Thursday, 11am-12pm, 10 Sessions
Course # **211010-P3** Begins September 22
No Session 11/24

211010-P6 Begins January 12
No session 2/23

Location Gillie Recreation Room
Registration Ongoing
Fee \$120

Play Group

Enjoy a scheduled play date and share ideas with others while having fun. Children have a great time interacting in a variety of activities: singing, parachute play, bubble making, creative movements, crafts and storytelling.

Age Group 18 Months - 2 Years, **with caregiver**
Day/Time Tuesday, 1:30-2:30pm, 10 Sessions
Course # **211010-TA** Begins September 20
No Session 10/4, 11/8
211010-TB Begins January 10
No Session 2/21

Location Gillie Recreation Room
Registration Ongoing
Fee \$120



Pre-School Programs

Pre-Ballet

A playful introduction to the world of ballet, music and creative movement. Children learn about rhythm, balance and stretching, as well as classic ballet names, forms and sequences. Students can wear a leotard with tights or form fitting clothes. Ballet shoes are necessary. A dance recital will be held in the Spring 2017 for classes starting in January (date TBD).

Age Group 4-6 Years, **Children Only**
Day/Time Wednesday 3:30-4:15p; 4:30-5:15pm
Course # **211010-BC** 3:30-4:15pm
BD 4:30-5:15pm
 Begins September 21, 10 Sessions
No Session 10/12, 11/23
211010-BE 3:30-4:15pm
BF 4:30-5:15pm
 Begins January 18, 12 Sessions,
No Session 2/22, 4/12

Location Gillie Recreation Room
Registration Ongoing
Fee: \$110-10 Sessions
 \$135-12 Sessions, Rehearsal & Recital



Parent-Tot Ice Skating

Call 422-1390 for information

Pre Kickers Instructional Program

Children will be introduced to the game and the various skills needed to play. They will participate in drills, fun games, and mini scrimmages. All players will receive a t-shirt and they must wear shin guards.

Age Group Pre K
Day/Time Saturday, Begins September 17, 6 Sessions
Course # **220510-P1** 9am
Course # **P2** 12pm
Location George Washington Elementary School
Registration Ongoing (Space Limited) Deadline September 10
Fee \$75

Smart Start Sports

This program creates a solid foundation for sports activities by promoting safe and meaningful sports for children. Parents/Caregivers must attend and participate in this program with their children.

Age Group 2-4 Years **with Parents/Caregivers**
Day/Time Saturday, 9-9:45am, 6 sessions
Course # **214210-SS** Begins January 21
No Session 02/18, 02/25

Location Mamaroneck Ave School Gym
Registration Ongoing
Fee \$72

Soccer-Parent & Me Squirts



With a parent/caregiver by their side, this program will stimulate a child's imagination, develop motor skills and encourage social interaction. Children will learn dribbling, shooting and passing.

Age Group 2-3 Years **with Caregivers**
Day/Time Tuesday, 9-9:45am or 10:10:45am
 Begins September 13, 6 sessions

Location Delfino Park
Registration Recreation Office or at www.ussportsinstitute.com
Fee \$99 **Check payable to USA Sport Group**

Swim Parent/Tot

A program designed to introduce and aid you in your child's adjustment to aquatics. Our program offers parents the opportunity to encourage and guide their children in a well-organized aquatics setting. **Adult must accompany child in all aquatic activities.**

Age Group 2-4 years **with Caregivers**
Day/Time Saturday, 3-3:30pm, 8 Sessions
Course # **210110-S9** Begins Saturday, October 1
Location White Plains High School Pool
Registration Ongoing
Fee \$96



Pre-School Programs

T-Ball Squirts

Utilizing fun games and activities, players will develop their skills in hitting, throwing and fielding. At the end of each session, participants will apply these skills to a scrimmage situation.

Age Group 3-4 years
Day/Time Tuesday, 3:30-4:15pm, 4:30-5:15pm
 Begins September 13, 6 Sessions
No Session 10/4

Location Delfino Park
Registration Recreation Office or
 @ www.ussportsinstitute.com

Fee \$99 **Check payable to USA Sport Group**



Total Sports Squirts

Participants have the opportunity to experience Lacrosse, Soccer, Basketball, T-Ball, Floor Hockey and Flag Football in a safe, structured and fun learning environment.

Age Group 3-5 years
Day/Time Tuesday, 2:30-3:15pm
 Begins September 13, 6 Sessions
No Session 10/4

Location Delfino Park
Registration Recreation Office or
 @ www.ussportsinstitute.com

Fee \$99 **Check payable to USA Sport Group**

Total Sports Squirts: Parent & Me

With a parent/caregiver participating by their side, this program will stimulate a child's imagination, develop motor skills and encourage social interaction. Children will experience a different sport within each class, including Soccer, Lacrosse, T-Ball, Basketball, Floor Hockey and Flag Football.

Age Group 2-3 Years **with caregiver**
Day/Time Tuesday, 2:30-3:15pm
 Begins September 13, 6 sessions
No Session 10/4

Location Delfino Park
Registration Recreation Office or
 @ www.ussportsinstitute.com

Fee \$99 **Check payable to USA Sport Group**

Tumbling for Tots

Basic introduction to tumbling and flexibility, children will have a great time learning and practicing somersaults, handsprings and interacting with other children. Children will have a fun time tumbling on mats.

Age Group 4-5 Years **Children only**
Day/Time Friday 6-6:30pm or Saturday 9-9:30am,
 6 Sessions

Course # **211010-T1** Begins Friday, September 30
T2 Begins Saturday, October 1
T3 Begins Friday, January 6
T4 Begins Saturday, January 7

Location Ridgeway School Gymnasium
Registration Ongoing
Fee \$95

