

# CITY OF WHITE PLAINS

## 2016 GUIDE



Spring & Summer



Recreation & Parks • Youth Bureau  
Library & Performing Arts Center  
Programs, Activities & Services

[www.cityofwhiteplains.com](http://www.cityofwhiteplains.com)



# The City of White Plains Programs

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Thomas M. Roach

### Council President

John Kirkpatrick

### Common Council

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Milagros Lecuona  
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Sia Tofano

### Office of the Mayor

City of White Plains, Office of the Mayor  
255 Main Street, White Plains NY 10601



Dear Fellow Residents:

The City of White Plains is pleased to present The 2016 Spring/Summer Guide. The Guide details the many programs offered by the Recreation & Parks Department, White Plains Library, the Youth Bureau, the White Plains Performing Arts Center and our community partners.

2016 marks the Centennial Anniversary of the City of White Plains, New York. Please take a moment to review the Guide and mark your calendars with the many special events, new initiatives and old favorites the City has to offer during this milestone year. Celebration highlights include a performance by the highly acclaimed West Point Concert Band at our annual Independence Day Celebration on July 1st at White Plains High School and a special re-enactment of the first public reading of the Declaration of Independence in New York State, which occurred right here in our own city. That event will take place on June 18th in Tibbits Park. Our popular Shakespeare in the Park will be back in July at Turnure Park and we'll once again be offering Yoga on Court Street on June 22nd. All of these wonderful events are also free!

Summer Camp programming is better than ever and I encourage you to look into it if you have children of camp age. You'll find great programming for the kids at very reasonable prices. Kittrell Park has been renovated and now has not only a new pool, but will have a new playground and outdoor fitness center.

I encourage you to enjoy the many programs available to you and your family as residents of our great city.

Best regards,

Thomas M. Roach, Mayor



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**The City of White Plains Sanitation Recycling Schedule for 2016 will be included in the Water Quality & Environmental Booklet. This publication will be mailed to all residents by June.**

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**Recreation & Parks Office Hours:**  
 Mon - Fri 8:30am - 5:15pm; Sat 9am - noon  
 Information: 422-1336  
 Cancellations: 422-1302

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**\*Recreation Office Closed on the Following Saturdays**  
 July 2nd & August 6th  
[www.cityofwhiteplains.com](http://www.cityofwhiteplains.com)

# Program Registration

## RECREATION AND PARKS MISSION

*The mission of the City of White Plains Recreation and Parks Department is to enhance the quality of life by providing recreational opportunities through safe, well-organized and affordable programs and facilities; and to maintain a comprehensive network of parks, trails and open spaces that promotes the mental, physical and social well being of our residents.*

### Refund Policy

Refunds are issued only for the following reasons: A full refund will be issued for any program cancelled by Recreation & Parks. A refund request because of illness or accident must be submitted in writing and accompanied by a doctor's note. Refunds will be prorated based on the date received, with a 10% service charge.

### Cancellation Policy

In case of inclement weather, cancellations will be announced on the Recreation & Parks Hotline at 422-1302, and on radio station WHUD FM (100.7). All efforts will be made to reschedule classes canceled due to weather conditions or scheduling conflicts. However there is no refund or pro-rated fee due to missed classes.

## White Plains Recreation & Parks Alerts

Receive important information regarding recreation activities, weather related cancellations and game postponements by registering for RecAlerts. RecAlerts are reliable and free. There is no spam, no hidden cost; you receive messages as part of your cell phone text messaging plan (standard text messaging rates apply). To register use your cell phone, text "RecAlert" to 888777.

# Program Registration

All registration fees are payable at the time of registration. Class sizes are limited, so register early! Payment can be made by cash, check or credit card (MasterCard, Visa, or American Express). Please make checks payable to "The City of White Plains". Financial assistance may be available to qualified applicants. Federal Income Tax Form 1040 tax year, 2015 or Social Services Eligibility letter must accompany application. **No Scholarships available for nonresidents.**

Mail-In, Walk-In or visit [www.whiteplainsregistration.com](http://www.whiteplainsregistration.com), all individuals will be able to browse our online brochure, however, if you wish to take advantage of online registration available for most of our programs, you will be **required to visit our office and provide proof of residency**. We will then provide you free of charge a WEBACCESS PASS for the convenience of future program registration.

**Nonresidents may register for most programs in our office. Limited enrollment**

Registration for programs will be held at the Recreation Administration Office at 85 Gedney Way, Monday through Friday, 8:30am-5:15pm and Saturdays, 9am-noon. A \$20 fee will be charged for all returned checks.

**Registration for all programs begins four (4) business days following the mailing of the Guide.**

Resident ID cards are issued on an annual basis, and can be obtained in person upon presenting two acceptable proofs of residency at the Recreation Administration Office. \*ID cards may be purchased or renewed @ Cap office 70 Ferris Ave. 6/15 & 6/29, 5-7:30pm, or Slater Center, 2 Fisher Ct., 6/8 & 6/22.

#### Recreation ID Card Fees:

<b>Adult</b> (18 and older)	Initial \$11	Renewal \$9
<b>Youth</b> (5 to 17)	Initial \$7	Renewal \$6

#### Senior Citizens

Lifetime Ages 70 and Older \$10

#### Lost Card

Replacement Fee \$11

**Acceptable Proofs of Residency: Adult:** Acceptable Proofs of Residency: Adult: Driver's license photo ID, utility bills, lease or cancelled checks. Youth: School ID card, library card, driver's permit or license. Youth without photo ID must be accompanied by a parent. A resident is a person who lives in the City of White Plains. Owning property in White Plains does not necessarily qualify a person as a resident.

# Registracion de Programas

#### COMO INSCRIBIRSE

Todos los costos de inscripcion deben pagarse al momento de la inscripcion. Tamaño de las clases es limitado, registren temprano! Pago puede ser echo en efectivo, cheque, o credito (Mastercard, Visa, o American Express). Por favor haga los cheques a nombre de "The City of White Plains". Ayuda financiera puede estar disponible para los solicitantes calificados. Declaracion de impuestos Federales 1040 año fiscal, de 2015 tiene que acompañar la solicitud.

Por correo, en persona, o visitar [www.whiteplainsregistration.com](http://www.whiteplainsregistration.com), Todos los individuos seran capaces de navegar por nuestro folleto por el web, sin embargo, para tomar ventaja de registro por el web para la mayoría de nuestros programas se le requiere visitar nuestra oficina y necesitamos prueba de residencia. Entonces vamos a ofrecer gratuitamente un pase de acceso al web para la comodidad de registro de programas en un futuro.

Inscripcion para los programas se llevara a cabo en la oficina administrativa de parques y recreo en 85 Gedney Way, Lunes a Viernes, 8:30am -5:15pm y Sabados, 9am - medio dia. Una tarifa de \$20 se cobrara por todos los cheques devueltos.

#### TARJETA DE IDENTIFICACION DE RECREO

Las tarjetas de indentificacion de residentes se emiten sobre una base anual, y pueden se obtenida en persona al presentar dos pruebas aceptables de residencia en la Oficina Administrativa de Recreo.

#### Tarifas:

Adultos (18 o mas)	Inicial \$11	Renovacion \$9
Joven (5 a 17)	Inicial \$7	Renovacion \$6
Envejeciente (70 o mas)	\$10 de por vida	
Reemplazo, tarjeta perdida	\$11	

#### Pruebas Aceptables de Residencia: Adulto:

Licencia de conducir, facturas de servicios publicos, arrendamiento, o cheques cacelados. Joven: Tarjeta de identificacion de la escuela, tarjeta de biblioteca, permiso de conducir or licencia de conducir. Joven sin identificacion debe se acompañado por su pariente. Un residente es una persona que vive en la Ciudad de White Plains. Ser dueño de una propiedad en White Plains no califica necesariamente una persona como residente.

**Nota: El Departamento de Parques y Recreo reserva el derecho de cancelar un programa o ajustar la tarifar antes de la fecha real de comienzo.**

[www.cityofwhiteplains.com](http://www.cityofwhiteplains.com)

*Where to go, What to do, Way of Life!*  
*City of White Plains Recreation & Parks*

# Pre-School Programs

## Avoid a Car-Seat Mistake

When you consider the many kinds of vehicles and safety seat models on the market, it's easy to understand why installing and using car seats properly is complicated. By attending the car seat check, a trained White Plains Police Officer will work with you to teach you the best way to install and correctly use your child safety seat. Officers will make certain your seat is: safe, no recalls, and no imperfections, age appropriate and installed properly. This event is sponsored by The White Plains Police Department, Safe Kids: Westchester County and Tom Lavelle State Farm Insurance.

**Burke Rehabilitation Hospital, as a satellite program of The National ThinkFirst Foundation, will be offering FREE bike helmets and injury prevention education. The ThinkFirst Foundation's mission is, "To prevent brain, spinal cord, and other traumatic injuries through education.**

**Age Group** Open to All  
**Day/Time** Saturday April 9, 10am-2pm  
**Location** Public Safety Headquarters 77 South Lexington Ave  
**Registration** On Site  
**Fee** FREE

## Arts & Crafts "Sticky Fingers"

Children have a great time during arts and craft activities using a wide variety of art mediums. A smock or oversized t-shirt is necessary.

**Age Group** 3-5 Years  
**Day/Time** Monday April 11, 8 Sessions  
 3 Years, with Caregiver  
**Course #** **111010-C1**  
 12:45pm-1:30pm, **No Session 5/30**

**Course #** 4-5 Years, Children Only  
**111010-C2** 1:45-2:30pm  
**Location** Gillie Recreation Room  
**Registration** On going  
**Fee:** \$95

## Funtastic Fitness

This class is an introduction to fitness through aerobics, calisthenics and movement games. Children have fun while getting fit and building coordination, balance and stamina; comfortable clothing and sneakers necessary.

**Age Group** 4-5 Years, Children only  
**Day/Time** Wednesday, 12:30-1:30pm  
**Course #** **111010-F1** Begins April 13, 8 Sessions  
**Location** Gillie Recreation Room  
**Registration** On going  
**Fee** \$95

## Let's Have a Ball at the Playground

Children will have a great time interacting with other children, playing a variety of games. **Parents must remain with their children during activities. This program is weather permitting. No registration required.**

**Age Group** 2-5 Years  
**Day/Time** Tuesday and Wednesday, 9:30-10:30am  
**Location** Gillie Park Playground (Tuesday)  
 July 5, 12, 19, 26  
 Turnure Park Playground (Wednesday)  
 July 6, 13, 20, 27

**Fee** FREE



## Little Playmates

**new**

Children will enjoy a variety of activities that promote socialization, eye-hand coordination, language, and speech development. Age appropriate activities include storytelling, singalongs, arts & crafts, movement and play.

**Age Group** 18 months to 3 Years  
**Day/Time** Thursday, Begins April 14, 8 Sessions  
 18 months-2 years with Caregiver

**Course #** **111010-L1**-11-12pm  
**Course #** **111010-L2**-12:30-1:30pm  
 Begins April 14, 8 Sessions

3 years-**Children only**  
**Location** Gillie Recreation Room  
**Registration** Ongoing  
**Fee** \$95



## Play Groups

Enjoy a scheduled play date and share ideas with others while having fun. Children will have a great time interacting in a variety of activities: singing, parachute play, bubble making, creative movements, crafts and storytelling.

**Age Group** 18 Months-2 Years  
**Day/Time** **Tuesday**  
 1:30-2:30pm, 8 Sessions  
**Course #** **111010-TA** Begins April 12  
**Location** Gillie Recreation Room  
**Registration** Ongoing  
**Fee** \$95

# Pre-School Programs

## Smart Start Sports NEW AGE GROUP!!!

This program creates a solid foundation for sports activities by promoting safe and meaningful sports for children. Parents/caregivers must attend and participate in this program.

**Age Group** 2-4 Years **with Caregiver**  
**Day/Time** Saturday, 9–9:45am  
**Course #** **114210-SS** Begins April 16, 6 Sessions  
**Location** Mamaroneck Ave School Gym  
**Registration** Ongoing  
**Fee** \$72

## Soccer Pre Kickers

Children will be introduced to the game and the various skills needed to play. They will participate in drills, fun games, and mini scrimmages. All players will receive a t-shirt and they must wear shin guards.

**Age Group** Pre K  
**Day/Time** Saturday, Begins April 16, 6 Sessions  
**Course #** **120510-P1** 9am  
**P2** 12pm  
**Location** George Washington School  
**Registration** Ongoing (Space Limited) Deadline April 9  
**Fee:** \$75

## Soccer - Parent & Me Squirts



With a parent/caregiver by their side, this program will stimulate a child's imagination, develop motor skills and encourage social interaction. Children will learn dribbling, shooting and passing.

**Age Group** 2 to 3 Years with Caregiver  
**Day/Time** Thursday, 9:00-9:45am  
Begins April 21, 8 Sessions  
**Location** Delfino Park  
**Registration** Ongoing  
**Fee** \$125 **Check Payable to US Sports Institute**

**Day/Time** Tuesday, 6 Sessions, Begins June 28  
**S1** 9–9:45am  
**S2** 10–10:45am

**Location** Gillie Park  
**Registration** Ongoing  
**Fee** \$105 **Check Payable to US Sports Institute**

## Soccer Squirts

Participants will learn the fundamental skills of soccer, including dribbling, passing, shooting and defending. Players will be taught through structured activities, fun games and scrimmages.

**Age Group** 3 to 5 Years  
**Day/Time** Thursday, 10–10:45am  
Begins April 21, 8 Sessions  
**Location** Delfino Park  
**Registration** Ongoing  
**Fee** \$125 **Check payable to US Sports Institute**

## Swim Parent/Tot

A program designed to introduce and aid you in your child's adjustment to aquatics. Our program offers parents the opportunity to encourage and guide their children in a well-organized aquatics setting. Parents must accompany their child in all aquatic activities.

**Age Group** 2-4 Years, **with Caregiver**  
**Day/Time** Saturday, 3-3:30pm  
**Course** **110110-S1** Begins April 16, 6 Sessions  
**No Session 5/14**  
**Location** White Plains High School Pool  
**Registration:** Ongoing; Sessions are limited to 16 participants  
**Fee** \$72

## T-Ball Squirts Clinic

Utilizing fun games and activities, players will develop their skills in hitting, throwing and fielding. At the end of each session participants will apply these skills to a scrimmage situation.

**Age Group** 3-5 Years  
**Day/Time** Tuesday, 3:30–4:15pm  
Begins April 19, 8 Sessions  
**Location** Delfino Park  
**Registration** Ongoing  
**Fee** **\$125 Check payable to US Sports Institute**

## Total Sports Parent & Me Squirts

With a parent/caregiver participating by their side, this program will stimulate a child's imagination, develop motor skills and encourage social interaction. Children will experience a different sport within each class, including Soccer, Lacrosse, T-Ball, Basketball, Floor Hockey and Flag Football.

**Age Group** 2-3 Years, **with Caregiver**  
**Day/Time** Tuesday, 11–11:45am  
Begins June 28, 6 Sessions  
**Location** Gillie Park  
**Registration** Ongoing  
**Fee** **\$105 Check payable to US Sports Institute**

## Total Sports Squirts

Participants have the opportunity to experience Lacrosse, Soccer, Basketball, T-Ball, Floor Hockey and Flag Football, in a safe, structured and fun learning environment

**Age Group** 3-5 Years  
**Day/Time** Tuesday, 2:30–3:15 pm  
Begins April 19, 8 Sessions  
**Location** Delfino Park  
**Registration** Ongoing  
**Fee** **\$125 Check payable to US Sports Institute**

# YOUTH PROGRAMS

## Aviation Sky Explorers

In this exciting program you'll learn to build your own aircrafts and delight as they soar overhead. Each model is built from scratch and is yours to keep at the end!

**Age Group** Age K-6  
**Day/Time** Monday, 4–5:00pm  
 Begins April 11, 8 Sessions  
**Location** Gillie Recreation Room  
**Registration** Ongoing  
**Fee:** \$155 **Make checks payable to Hobby Quest**

## Cheerleading

**NEW DAY!!!**

Learn the techniques and team spirit necessary to be a top cheerleader. This cheerleading experience will develop your dance skills, work on team building and create an environment for new friendships!

**Age Group** Grades 1-5  
**Day/Time** Monday, 6:15-7:15pm  
 Begins April 18, 6 Sessions  
**Course #** 124410-T1  
**Location** Ridgeway School Gym  
**Registration** Ongoing  
**Fee:** \$60

## Fashion Designs & Trends

Are you one of the biggest trend setters in school? Let's see what you can do when you learn how to design your very own wardrobe. Hobby Quest will teach you everything you need to know to tailor a one-of-a-kind outfit just for you! Children will learn all the and outs of garment design and hand-sewing. You will discover what it takes to create trendy pieces such as skirts, dresses, and even accessories!

**Age Group** Grade 2 - 6  
**Day/Time** Monday, 5:30-6:30pm  
 Begins April 11, 8 Sessions  
**No class 5/30**  
**Location** Gillie Recreation Room  
**Registration** Ongoing  
**Fee:** \$155 **Make checks payable to Hobby Quest**

## My Art Treasure/Creative Explorations

Children will be able to have fun while exploring their artistic abilities. They will enjoy and experience new forms of art and engage in mediums like Batik Art, Tie dying, creating masks, canvas painting and some clay sculptures. They will also learn about some popular artists and search for the artist within!! Children should wear a smock or oversized shirt.

**Age Group** Grades 1– 4 Children only  
**Day/Time** Wednesday, 4:30–5:30pm  
 Begins April 27, 8 sessions  
**Course** 123010-AS  
**Location** Community Center, 65 Mitchell Place  
**Registration** Ongoing  
**Fee** \$80 (supplies included)

## GOLF TGA Enrichment

TGA makes it convenient and fun for your child to learn and play golf! Our curriculums ensure that the lesson plans are age-appropriate and easy to understand and retain. Students will experience a mix of golf instruction, rules and etiquette lessons, educational components, character development lessons and physical activity. Certified instructors will help your student athlete develop a strong foundation of skills and knowledge as well as a passion for the sport.

**Age Group** Grade K-6  
**Day/Time** Monday, Begins April 11, 8 Sessions  
**Grades K-3**, 4:45–5:45pm  
**Grades 4-6**, 5:45–6:45pm  
**No Session 5/30**  
**Location** New York Presbyterian Hospital/  
 9-Hole Golf course  
**Registration** Ongoing at  
[www.playtga.com/southernwestchester](http://www.playtga.com/southernwestchester)  
**Fee** \$200 **Make checks payable to TGA**



## GOLF TGA Enrichment Spring Break Camp

This program is designed to empower students with the tools to be successful on the course and in life. TGA provides all equipment.

**Age Group** Grade K-6  
**Day/Time** Tuesday- Thursday, 9:30 am-12:30 pm,  
 3 Sessions, March 22 - 24  
**Location** Mamaroneck Avenue School Gym  
**Registration** Ongoing  
[www.playtga.com/southernwestchester](http://www.playtga.com/southernwestchester)  
**Fee** \$200 **Make checks payable to TGA**

## Lacrosse Association, White Plains

This program, for Grades K-8, teaches beginners and young players basic skills necessary to play in competitive games. March thru June at the WPHS. Applications are available at the Recreation office. Scholarships are available. **For more information contact Scott Dooley at [coaches@WPLAX.com](mailto:coaches@WPLAX.com).**



# YOUTH PROGRAMS

## Passports to Parks

“No Child left Inside”, Help our children get up and out to explore the beautiful parks, playgrounds and trails located here in White Plains. We have partnered with The Care of Trees to provide the ultimate travel experiences complete with new adventures and activities. Visit our office, get your recreation ID cards and let the travels begin.

**Age Group** 5-16 Years  
**Location** Parks, Playgrounds Trails in White Plains  
**Registration** Passports are available at the Recreation Office  
**Fee** Free to Youth with valid ID Card

**The Care of Trees** is a local, employee owned, full service tree and shrub care company.  
[www.thecareoftrees.com](http://www.thecareoftrees.com).

## Soccer White Plains Youth-Travel

Travel soccer teams for Boys and Girls, 8-19 years of age. Openings on current teams may be limited depending on space. For further information contact **Alejandro Galeano** at [alejo2384@hotmail.com](mailto:alejo2384@hotmail.com) or visit the website at [www.wpys.org](http://www.wpys.org).



## Splash “N” Swim

Children will learn basic water safety skills, orientation to aquatic environment and fundamentals of swimming.

**Age Group** Grades K-6  
**Day/Time** Saturday, July 9, 6 Sessions  
**Course**  
**120110-G1** 11:30am-12:15pm Gardella Pool  
**120110-K1** 11:30am-12:15pm Kittrell Pool  
**120110-G2** 12:30-1:15pm Gardella Pool  
**120110-K2** 12:30-1:15pm Kittrell Pool  
**Registration** Ongoing, classes are limited to 15 participants  
**Fee** \$36

## StoryWalk™

An exciting initiative that combines a children’s story with a nature walk through our newest park. Children follow each page of the story as they walk the path. StoryWalk™ helps build children’s interest in reading while encouraging healthy outdoor activity for both adults and children. The stories will change every 6-8 weeks.

Where: Bryant – Mamaroneck Park, municipal parking available at the Mamaroneck Ave. Lot, 540 Mamaroneck Ave. (behind Dunkin Donuts)

When: April 16–October 31, during normal park hours **Cost: Free**

Note: The path in the park is natural and thus could prove to be challenging for some. Please exercise caution whilst walking on the path.

## Superkids Fitness

(By Peter Marino, Fitness Trainer)



This is a super hero themed outdoor fitness program different from any other program out there! Your kids will train in the first half of the session and then use the skills they have learned to play out an action sequence with Nerf guns and bow and arrows (all play of course). Each youth will get to choose an action sequence and play it out. At the last session we will record your child’s action scene and send it to you as a keepsake!

**Age Group** Grades 3-8  
**Day/Time** Tuesday, 5:30– 6:20pm  
 Begins May 3, 8 Sessions  
**Location** Turnure Park (Lake St)  
**Registration** Ongoing  
**Fee** \$130 **Check payable to Peter Marino**

## Swim Free Family Fun

A FREE family oriented activity. All children under 13 must be accompanied by an adult. No swim diapers allowed. Each participant MUST have a current White Plains Recreation ID card to participate.

**Age Group** Grades Pre-K to Adult  
**Day/Time** Friday, 7–9pm, Begins April 15,  
 6 Sessions  
**Location** White Plains High School Pool  
**Registration** On-site  
**Fee** Current Recreation and Parks ID required

## Swim Instruction-Beginners

Children will learn basic water safety skills and will be introduced to swimming. American Red Cross curriculum will be followed. Lessons are 35 minutes and 10 minutes to practice and play. All new participants will be tested on the first day of class and will be placed in their appropriate beginner skill level. No Intermediate or Advanced Swimmers will be allowed in this class.

**Age Group** Grades K-8  
**Day/Time** Tuesday, 6:45 – 7:30 pm  
**Course** **120110-T1** Begins April 12, 6 Sessions  
**Day/Time** Saturday, Begins April 16, 6 Sessions  
**No Session 5/14**  
**120110-S1** 12–12:45pm  
**120110-S2** 1–1:45pm  
**Location** White Plains High School Pool  
**Registration** Ongoing  
**Fee** \$72



# YOUTH PROGRAMS

## Swim Instruction-Intermediate to Advanced Swimmer

This class is designed to refine and enhance stroke development. Children must be able to swim at least two pool laps in 4-5 feet deep water. American Red Cross curriculum will be followed. Lessons are 35 minutes and 10 minutes to practice and play. All new participants will be tested on the first day of class and will be assigned to either Intermediate or Advanced level. No beginners will be allowed in this class.

<b>Age Group</b>	Grades K-8
<b>Day/Time</b>	Tuesday, 7:45-8:30pm
<b>Course</b>	<b>120110-T2</b> Begins April 12, 6 Sessions
<b>Day/Time</b>	Saturday, 2-2:45pm
<b>Course</b>	<b>120110-S3</b> Begins April 16, 6 Sessions
	<b>No Session 5/14</b>
<b>Location</b>	White Plains High School Pool
<b>Registration</b>	Ongoing
<b>Fee</b>	\$72

## Taiko Drumming

Learn the technique and skill of traditional Taiko Masala drumming. Students will get an introduction to this exciting, energetic and unique drumming experience. Drums will be provided.

<b>Age Group</b>	Grade K-Adult
<b>Day/Time</b>	Sunday, 10-11am, Begins April 3-May, 6 Sessions
<b>Location</b>	Gillie Community Room, Gedney Way
<b>Registration</b>	Ongoing
<b>Fee</b>	\$85 Resident, \$100 Non Resident
	<i>Checks payable to Nijinoki</i>

## Tennis Quick Start

What makes tennis fun for children is being able to rally a ball back and forth over the net. In cooperation with the USTA, we offer Quick Start Tennis. This program is designed to instruct children at the beginner level in the skills needed to play and most of all enjoy the game. By utilizing smaller tennis courts, foam and oversized tennis balls, the child will learn the game. All equipment for this program is provided.

<b>Age Group</b>	Grades 1-6
<b>Day/ Time</b>	Thursday & Friday, 5-6pm, 4 Sessions
<b>Course #</b>	<b>121210-01</b> Grades 1-3, Thursday, May 19
<b>Course#</b>	<b>121210-03</b> Grades 4-6, Friday, May 20,
	<b>No Session 5/27</b>
<b>Location</b>	Gillie Park Tennis Courts
<b>Registration</b>	Ongoing
<b>Fee</b>	\$90



## Tennis Spring Instructions

Instructional clinic, participants will sharpen and learn new skills.

<b>Age Group</b>	Grades 4-9
<b>Day/ Time</b>	Wednesday, Begins May 18, 4 Sessions
<b>Course #</b>	<b>121210-04</b> Grades 4-6, 5-6pm
<b>Course #</b>	<b>121210-05</b> Grades 7-9, 6:15-7:15pm
<b>Location</b>	Gillie Tennis Courts
<b>Registration</b>	Ongoing
<b>Fee</b>	\$90

## Tennis Summer Clinic

Instructional clinic where participants will sharpen and learn new skills.

<b>Age Group</b>	Grades 1-7
<b>Day/Time</b>	Monday, 5 - 6pm,
<b>Course #</b>	<b>121210-06</b> July 11, 4 Sessions
<b>Location</b>	Gillie Park Tennis Courts
<b>Registration</b>	Ongoing
<b>Fee</b>	\$90

## T-Ball – Senior Squirts

**new**

Players will focus on learning the rules and techniques for hitting and fielding. Each week players will apply what they have learned into a T-Ball game. This class creates an environment which allows players to develop and progress within the sport.

<b>Age Group</b>	Grades K-3
<b>Day/Time</b>	Tuesday, 4:30–5:15pm
	Begins April 19, 8 sessions
<b>Location</b>	Delfino Park
<b>Registration</b>	Ongoing
<b>Fee</b>	\$125 <b>Check payable to US Sports Institute</b>



# YOUTH PROGRAMS

## Total Sports – Senior Squirts



Players will learn key skills through small-sided scrimmages in a variety of sports, including Lacrosse, Soccer and Flag Football.

**Age Group** Grades K-3  
**Day/Time** Tuesday, 5:30– 6:15pm  
 Begins April 19, 8 Sessions  
**Location** Delfino Park  
**Registration** Ongoing  
**Fee** \$125 **Check payable to US Sports Institute**

## Track & Cross Country

Learn the basics of track & cross country. This non-competitive recreational program will introduce participants to the skills necessary for a lifetime of enjoyment, strength training and health from running.

**Age Group** Grades 4-8  
**Day/Time** Monday & Wednesday or Tuesday & Thursday  
 6:30-7:30pm, 12 Sessions  
**Course #** **121110-MW** Begins Monday, March 28  
**121110-TT** Begins Tuesday, March 29  
**Location** Highlands MS, Parker Stadium Track  
**Registration** Ongoing  
**Fee** \$96



## WP Youth Soccer Spring Break Camp

Kick your way into the soccer season. Experienced and enthusiastic Soccer coaches provide an intensive week long soccer immersion. Age and skill abilities are divided for the optimal experience.

**Age Group** Grades K–8, boys and girls  
**Day/Time** Monday – Friday, 9am–3pm  
 Begins March 21 - 25  
**Location** Highlands Middle School Parker Stadium  
**Registration** Ongoing at Recreation Office or at [www.wpys.org](http://www.wpys.org)  
**Fee** \$175 (9 am-12 pm)/\$250 (Full day)  
**Check payable to WP Youth Soccer**

## Recreation Buddies

The City of White Plains is committed to ensuring that all programs are available to resident youth to participate in regardless of their disability or other barriers that would preclude them from participation. It is our goal to enable all young people to realize their full potential through age appropriate recreation activity. If you feel your child could benefit from a Recreation Buddy to aid in their participation in our youth programs, call Matt Hanson, 422-1363

## TEENS ONLY No Parents Allowed

Programs promise to be exciting, fun, social and well supervised by recreation staff. Attend with your old friends and meet new friends at these events. **RESIDENTS ONLY, SCHOOL ID REQUIRED.**

### Kick Ball Tournament-Gillie Field, Gedney Way

Test your skills at kick ball while having fun with your friends. Enjoy a movie while waiting to play. Pick your own teams or you will be placed on a team when you arrive. All equipment will be provided.

**Age Group** Grades 5 – 8  
**Day/Time** Friday, April 29, 7– 9:30pm  
**Location** Gillie Field, Gedney Way  
**Fee** \$8.00 (Refreshments will be served)

### Outdoor Adventure Teen Night

Strategize with teammates during a game of laser tag, navigate an obstacle course and rock wall, play a game of kick ball and enjoy DJ music. Additionally, there will be a double mini tennis tournament. Teens 14 and under and kids 12 and under. Please Pre-register with a partner at the Recreation & Parks Department for a fun indoor tournament under the bubble. Enrollment is limited! All equipment provided. Concession open. No rain date.

**Age Group** Grades 5 – 8  
**Day/Time** Friday, May 13, 7– 10pm  
**Location** Delfino Park, Lake Street  
**Fee** \$15

### Splish Splash Party

End of school and beginning of summer fun! Swimming, basketball, pool volleyball & DJ. Proper swim attire required. NO rain date.

**Age Group** Grades 5 – 8  
**Day/Time** Friday, June 24, 5:30-8pm  
**Location** Kittrell Park  
**Fee** \$5

### Back to School Video Dance Party, Grades 7 & 8

DJ rocks Delfino Park as we celebrate fall, friends, and back-to-school.

**Day/Time** Friday, September 9, 7:30–10pm  
**Location** Delfino Park, Ebersole Ice Rink  
**Fee** \$10

### Back to School 6th Grade Dance Party

Meet new people, test your skills at volleyball, play music games, sing, dance and enjoy inflatable obstacle course.

**Day/Time** Friday, September 16, 7–9:30pm  
**Location** Delfino Park, Ebersole Ice Rink Rink).  
**Fee** \$10

# YOUTH PROGRAMS

## YOUTH TEAM SPORTS

### Pop Warner Football: Tackle & Cheer League

This organization plays a full competitive season, travels, playoffs and regional bowl games. To be a volunteer football/cheer coach, or to receive a registration packet, email [www.leaguelineup.com/wpwytl](http://www.leaguelineup.com/wpwytl). Youth 5-13 Years (by July 31), Season starts August 1, Applications available at the Recreation Office.

### White Plains Wolverines Youth Tackle League

Pop Warner Little Scholars Cheer and Football organization. Participants range from 5 to 15 years young both male and female. We thrive to instill the following: fundamentals of the game and cheer, teamwork, commitment, sportsmanship, self-esteem, individual responsibility and most importantly, scholastics. Season begins August 1st at Eastview Middle School. More Info. [www.wpwytl.com](http://www.wpwytl.com)

### WP Bernies Football & Cheer

Flag: 1st & 2nd Grade  
Tackle: 3rd-8th Grade  
Teaching White Plains Youth Football Since 1958  
[www.BerniesFootball.com](http://www.BerniesFootball.com)



### Football Clinic

Opportunity for youth to develop and improve their football skills in a safe and enjoyable non-contact atmosphere. Local Head Coaches will be joined by former NFL players and the coaching staff from various youth football organizations.

**Age Group:** Entering 3rd-8th grades  
**Day/Time:** Sunday, June 26, 9-11 a.m.  
**Course#:** 126010  
**Location:** Highlands Middle School/Parker Field  
**Registration:** on-going  
**Fee:** Free (space limited)



### Basketball Starts Here!

new

Step out onto the courts and bounce your way through the summer! We offer various basketball programs for children, where athletes will develop their skills, learn how to compete in game situations, and play as a team. All athletes will receive awards and a t-shirt.

**VOLUNTEER COACHES ARE NEEDED FOR LEAGUE PLAY & INSTRUCTION. IF YOU ARE INTERESTED PLEASE CALL 914-422-1351.**

**\*\*Fall / Winter Basketball Registration Begins August 1\*\***

### Little Ballers Instructional Program

new

Children will be introduced to the game and the various skills needed to play. They will participate in drills, fun games, and mini scrimmages.

### NCAA Ballers

**Age Group:** 2nd Grade  
**Day/Time:** Thursday, 6-7pm, 6 Sessions  
**Course #:** 120310-B2 Begins June 30  
**Location:** Delfino Park, Inside Ice Rink  
**Registration:** Ongoing (Space Limited) **Deadline June 23**  
**Fee:** \$75

### NBA Ballers

**Age Group:** 3rd Grade  
**Day/Time:** Thursday, 7:15-8:15pm, 6 Sessions  
**Course #:** 120310-B3 Begins June 30  
**Location:** Delfino Park, Inside Ice Rink  
**Registration:** Ongoing (Space Limited) **Deadline June 23**  
**Fee:** \$75

### Basketball Co-Ed League Play

Rebound from a hectic school year by dribbling your way to a summer filled with basketball fun. **Volunteers Needed.**

**Age Group:** Grades 4-9, 6 Sessions  
**Day/Time:** Monday-Wednesday, 6-8:30pm  
**Course #:** 120310-01 Grades 4 & 5, Monday Begins July 5  
120310-02 Grades 6 & 7, Tuesday Begins July 6  
120310-02 Grades 8 & 9, Wednesday Begins July 7  
**Location:** Kittrell Park, Fisher Ave  
**Registration:** Ongoing (Space Limited) **Deadline June 20**  
**Fee:** \$25



# YOUTH PROGRAMS

## Basketball High School League

A team representative **MUST** attend an organizational meeting on **Wednesday May 25 at 6:30pm at Gardella Park Pavilion**. Copy of School ID and Birth Certificate for each player must be presented at this meeting. **CANNOT** turn 19 before Aug. 31 or have collegiate experience. For further information and details, please contact George Price at 422-1347.

**Age Group** Grades 9-12, 18 years and under  
**Day/Time** Monday & Wednesday, 6:15, 7:15, 8:15pm  
**Course #** **120310-05** Begins July 6-August 14  
**Location** Gardella Park, Ferris Ave  
 Additional FREE Parking at Church Street Elementary School

**Registration** TEAM ONLY **Team Fee Due May 25, Sponsorship encouraged**

**Fee** Resident \$250, Non Resident \$400, **Cash ONLY**  
 Championship Game Sunday August 14

## Field Hockey Clinic



Athletes will learn the fundamentals of the sport, work on skills, positioning, and scrimmage play. Must provide own field hockey stick and shin guards.

**Age Group** Grades 3-6  
**Day/Time** Monday-Friday, 5-7pm  
**Course #** **120610-FH** Begins May 23-27  
**Location** Parker Stadium Highlands Middle School,  
 Rain Site Ebersole Ice Rink

**Registration** Ongoing (Space Limited)  
**Fee** \$180

## Soccer Starts Here!

Come on out to the field and kick your way through the Spring! We offer various soccer programs for children, where players will begin to learn the game and various skills, as well as team work. Athletes will develop their skills and learn how to compete in game situations. All athletes will receive awards and a t-shirt.

**VOLUNTEER COACHES ARE NEEDED FOR LEAGUE PLAY & INSTRUCTION. IF INTERESTED, PLEASE CALL 914-422-1351. \*\* FALL REGISTRATION BEGINS JULY 1ST \*\***

## Little Kickers Instructional Program

Children will be introduced to the game and the various skills needed to play. They will participate in drills, fun games, and mini scrimmages. All players will receive a t-shirt and they must wear shin guards.

### Kinder Kickers

**Age Group** Grade K  
**Day/Time** Saturday, April 16, 6 Sessions  
**Course #** **120510-K1** 10am  
**120510-K2** 1pm

**Location** George Washington Elementary School  
**Registration** Ongoing (Space Limited) **Deadline April 9**  
**Fee** \$75

### First Kickers

**Age Group** Grade 1  
**Day/Time** Saturday, April 16, 6 Sessions  
**Course #** **120510-1A** 11am  
**120510-1B** 2pm

**Location** George Washington Elementary School  
**Registration** Ongoing (Space Limited) **Deadline April 9**  
**Fee** \$75

## Sunday Stars Instructional Program

Children will be introduced to the game and the various skills needed to play. They will be placed on teams and participate in drills and games. All players will receive a t-shirt and **shin guards are mandatory**.

### Kinder Kickers

**Age Group** Grade K-5  
**Day/Time** Sunday, April 17, 6 Sessions  
**Course #** **120510-08** 10am **Grade K-1**  
**120510-09** 11:15am **Grade 2-5**

**Location** Ralph Ave Field  
**Registration** Ongoing (Space Limited) **Deadline April 9**  
**Fee** \$75



## Soccer Co-Ed League Play: Open to Residents And Non Residents

Athletes will practice during the week and participate in "full field" games on Saturdays. Soccer cleats, shin guards, and athletic clothing are recommended. T-shirts provided. **Volunteers Needed**.

**Age Group** Grade 2-6  
**Day/Time** Saturday, 9am-2:30pm Begins April 23, 6 Sessions  
**Course #** **120510-02** Grade 2  
**120510-03** Grade 3&4  
**120510-05** Grade 5&6  
**No Session 5/28**

**Location** George Washington Elementary School & Saxon Woods Turf Field  
**Registration** Ongoing (Space Limited) **Deadline April 9**  
**Fee** \$75

# Programs for People with Differing Abilities

## For Youth, Teens and Adults

White Plains Recreation & Parks provides a variety of fun, recreation & leisure programs for individuals with developmental disabilities. For further information speak with Matt Hanson, Recreation Supervisor II, 422-1363

### How Do New Participants Join the Program?

Before registering for programs, all new prospective participants must complete an intake interview and provide required documentation. To make an appointment, call Matt Hanson, 422-1363.

### Registration & Payment

Ongoing at the Recreation Office 85 Gedney Way for resident and non-resident individuals who reside at home with a parent/caregiver:

In addition to the program fee, there may be additional money required for some activities.

## Recreation Buddies new

We are committed to ensuring that all programs are available to resident youth to participate in regardless of their disability or other barriers that would preclude them from participation. It is our goal to enable all young people to realize their full potential through age appropriate recreation activity. If you feel your child could benefit from a Recreation Buddy to aid in their participation, call Matt Hanson, 422-1363.

For additional recreation opportunities White Plains Recreation Parks has partnered with Greenburgh Parks & Recreation. For more information on program offerings, please contact Noel Broccoli @ 693-8985, ext 128

### Spring Programs

#### Art -n- Games

Enjoy creating fun art projects, games and other social activities.

**Age Group** 15 & Older  
**Day/Time** Tuesday, 6:30 – 8:30 pm  
**Course #** 151510-A1 Begins April 5, 12 sessions  
**Location** Community Center, 65 Mitchell Place  
**Registration** Ongoing at the Recreation Office  
**Fee** Resident \$35, Non-Resident \$70

#### Move & Groove

Musical games, dance movements and fun activities that will get you in the groove..

**Age Group** 13–21 Years  
**Day/Time** Monday, 5:30–6:30pm  
Begins April 4, 8 sessions **No Session 5/30**  
**Course #** 151510-M1  
**Location** Community Center, 65 Mitchell Place  
**Registration** Ongoing at the Recreation Office.  
**Fee** Resident \$25, Non-Resident \$50

#### “Out & About” Social Night

Spend an evening with your friends. Participants will have a variety of fun activities at the Center or go on a community outing. Group meets once a month.

**Age Group** 16 & Older  
**Day/Time** Friday, 6–9pm  
**Course #** 151510-01 April 15, May 13, June 17  
**Course #** 151510-02 July 22, August 5  
**Location** Community Center, 65 Mitchell Place  
**Registration** Ongoing  
**Fee** Resident \$25, Non-Resident \$50 3 Sessions  
Resident \$15, Non-Resident \$30 2 Sessions

#### Family Swim

Take a dip in the pool and splash away with family and friends.

**Age Group** 13 Years and older  
**Day/Time** Monday, 6:30-8pm  
**Course #** 151510-MS Begins April 4, 8 Sessions  
**No Session 5/30**  
**Location** White Plains High School, North Street  
**Registration** Ongoing  
**Fee** Resident \$25, Non-Resident \$50

#### Swim & Gym

Take a dip in the pool followed by fun activities and sports in the gym.

**Age Group** 16 & Older  
**Day/Time** Thursday, 6:30-7:30pm Swim, 7:30-8:30pm Gym  
**Course #** 151510-W1 Begins April 7, 8 sessions  
**Location** White Plains High School, North Street  
**Registration** Ongoing at the Recreation Office  
**Fee** Resident \$25, Non-Resident \$50



# Programs for People with Differing Abilities

## Summer Programs

### Bingo Night

Spend an evening with your friends. Enjoy a fun evening playing a variety of BINGO games. Prizes awarded.

**Age Group** 15 & Older  
**Day/Time** Tuesday, 7 – 9 pm  
**Course #** 151510-B1 7/12 & 8/9  
**Location** Community Center, 65 Mitchell Place  
**Registration** Ongoing at the Recreation Office  
**Fee** Resident \$15, Non-Resident \$30

### Dinner & Dancing Under the Stars

Dinner at Applebees followed by dance and fun with friends.

**Age Group** 15 & Older  
**Day/Time** Wednesday, July 6, 6 – 9pm  
**Course #** 151510-K1  
**Location** Community Center, 65 Mitchell Place  
**Registration** Ongoing at the Recreation Office  
**Fee** Resident \$5 Non-Resident \$10 dinner cost extra

### Mini-Golf Picnics

Take in the summer and spend an evening with your friends playing golf and enjoying a picnic supper. Supper included in fee.

**Age Group** 15 & Older  
**Day/Time** Wednesday, 6 – 8pm, July 15 & August 5  
**Course #** 151510-M6  
**Location** Saxon Woods Park  
**Registration** Ongoing at the Recreation Office  
**Fee** Resident \$10 Non-Resident \$20

### Summer Movie Night

Catch a summer block buster with friends. Dinner is on your own at the theater. Bring money for your movie admission.

**Age Group** 15 & Older  
**Day/Time** Thursday, July 21, 6 – 10 pm  
**Course #** 151510-MN  
**Location** Community Center, 65 Mitchell Place  
**Registration** Ongoing at the Recreation Office  
**Fee** Resident \$5 Non-Resident \$10

### Special Olympic Bowling Training & Competition

Programs are designed for participants to learn the specified sports skills and to train for team competition. **A current Special Olympics Registration & Medical Form is required to participate and is required with the program registration. \* See SO Coordinator for forms.**

**Age Group** 15 & Older  
**Day/Time** Monday, 6:30–8:30 pm  
**Course #** 151510-B3 6/13  
**Location** White Plains Bowl, Tarrytown  
**Registration** Ongoing  
**Fee** 6 sessions Resident \$25, Non-Resident \$50  
**Bowling Fee** Payable at Bowling Alley  
**Competition** Bowling Competition in October.  
Details will be announced



# CAMP CENTRAL

White Plains offers the best in Summer Day Camps. Campers can expect to be engaged on a daily basis in fun and constructive activities under the supervision of caring, trained counselors. Expect a day of exciting activities,

including art, sports, dance, swimming, trips and special events and more! Registration is ongoing at the Recreation Office until camp groups are full. Immunization records are required at registration.

- **Early Bird Registration** starts February 27th - Sign up by April 15th - Come in and reserve your space now...pay the 2015 rate and save money! Registration and deposit for each camper must be received by the deadline date. A payment plan is available with an initial deposit. Deposits are non-refundable.
- **Camp Registration a la Carte** -Do you have vacation plans that make it difficult to commit to a two week session? Now you have the flexibility to register for one week at a time for Camp Panawok and Camp Quarropas.

- **Ages and Grades** - We accept campers, age 4, (must turn 4 yrs. old by July 5.) Panawok campers will be 4 years old to 2nd grades. Quarropas campers will be entering grades 3rd to 5th, and Teen campers will be entering grades 6th to 9th.
- **Flexible Camp Hours:** Half Day and Full Day - Our flexible hours give you more time and give your child more fun! Camp Panawok offers a 1/2 day camp option for campers; Early Drop Off and Extended programs are still offered as an option. Full day programs will be a 7 hour day.

## Camp Panawok

<b>Age Group</b>	Age 4 – entering 2nd Grade (Camper must turn 4 yrs.old by July 5 & be toilet trained)
<b>Day/Time</b>	Monday - Friday, Full Day - 8:15am-3:15pm Half Day - 8:15am-1pm
<b>Week 1</b>	July 5-8
<b>Week 2</b>	July 11-15
<b>Week 3</b>	July 18-22
<b>Week 4</b>	July 25-29
<b>Week 5</b>	August 1-5
<b>Week 6</b>	August 8-12
<b>Location</b>	George Washington School
<b>Fee</b>	6 weeks \$925, <b>Per Week \$180, 1/2 Day \$100 Per Week</b>

## Camp Quarropas

Special events and trips are scheduled on a weekly basis.

<b>Age Group</b>	Entering Grades 3 - 5
<b>Day/Time</b>	Friday 8:30am- 3:30pm
<b>Week 1</b>	July 5-8
<b>Week 2</b>	July 11-15
<b>Week 3</b>	July 18-22
<b>Week 4</b>	July 25-29
<b>Week 5</b>	August 1-5
<b>Week 6</b>	August 8-12
<b>Location</b>	George Washington School
<b>Fee</b>	6 weeks \$925, Per Week \$180

\* Please note that some trips will require early arrival and late pick-up.

## Teen Camp

A program designed for Teens filled with fun and exciting trips. Caring, trained adult and college counselors will supervise a full day of activities.

<b>Age Group</b>	Entering grades 6 - 9
<b>Day/Time</b>	Monday - Friday, 8:30am - 3:30pm
<b>Session I</b>	July 5-15
<b>Session II</b>	July 18-29
<b>Session III</b>	August 1-12
<b>Location</b>	White Plains High School
<b>Fee</b>	6 weeks \$1120 2 week session \$395

\* Please note that some trips will require early arrival and late pick-up.

## Summer Inclusion Day Camp (Services for Children with Differing Abilities)

See Camp Panawok, Camp Quarropas or Teen Camp descriptions for dates and fees.

We offer limited services for children with differing abilities enter grades K – 9. Due to services funding, children must have been classified with a developmental disability. Campers will be provided with either a 1:1 or 2:1 counselor who can provide guidance and support to help your child integrate into camp activities. Children must be toilet trained and function at a moderate to high level of ability. Please note: We are not equipped nor staffed to work with children who need a significant amount of support or who have difficulty controlling their behavior. Children who adversely affect other camper's experience may not be ready for this inclusion camp structure. If your child has a disability, please call Matt Hanson 422-1363 prior to registering to determine whether this camp is suitable for your child.

Parents and campers will be asked to complete an application and Intake Assessment Interview in addition to providing an updated IEP. In order for us to provide the best possible support for your child, please be thorough and honest with us about your child's ability. The Intake Assessment Interview and registration deadline is June 1st.



**Camp Quarropas Early Drop Off** Parents, who have to get to work early, can now have the added convenience of dropping off their camper prior to the start of camp. Campers will meet in the gymnasium and participate in organized group activities. Space limited to 35 campers, first-come, first-served. **Monday - Friday, 7:45am, \$30 per week, in addition to camp fee.**

**Camp Quarropas & Camp Panawok Extended Day** Campers can extend their day with more fun! Supervised by camp staff the program features additional coordinated activities and free time. Snack provided. Spaces are limited, first-come first-served. **Monday - Friday, until 5:30pm, \$68 per week, in addition to camp fee.**

# CAMP CENTRAL

## Action Movie Flix

In these action movies, you'll get to use a green screen, camera tricks and special effects to create your own live-action adventure movie. Students will collaborate to write, act and direct in this action packed camp where kids will be taught fake punches and kicks to thrill the audience. \*Flix downloadable within a month after program ends.

**Age Group** Grades 3-8  
**Day/Time** Monday–Friday, August 15–19, 9am–12pm  
**Location** Delfino Park  
**Registration** Ongoing at [www.incrediflix.com](http://www.incrediflix.com)  
**Fee** \$200 **Check payable to Incrediflix**

## Action Movie & Lego Flix (Full Day) new

Are you the next star director? Actor? Writer? Camera operator? You get to do it all in these action movie flix! Make visions come true in these movies where campers act, write, direct and more. Afternoons are for Lego stop motion movies. We know you love Legos and that you can create incredible worlds. It's time to bring those worlds to life! Students will have a 1 hour supervised lunch break from 12–1 pm.

**Age Group** Grades 3–8  
**Day/Time** Monday–Friday, August 15–19, 9am–4pm  
**Location** Delfino Rink  
**Registration** Ongoing at [www.incrediflix.com](http://www.incrediflix.com)  
**Fee** \$380 **Check payable to Incrediflix**

## Animation Flix

Each day you will use a new style of stop-motion, combining favorites from the past with new styles, making this program different each year! It's the ultimate arts and crafts program where students create, direct, and film their movies in age-appropriate groups. \*Flix downloadable within a month after program ends.

**Age Group** Grades 3–8  
**Day/Time** Monday–Friday, August 22–26, 9am–12pm  
**Location** Delfino Rink  
**Registration** Ongoing at [www.incrediflix.com](http://www.incrediflix.com)  
**Fee** \$200 **Check payable to Incrediflix**

## Animation & Minecraft Flix (Full Day) new

Each morning, students will work on a new style or stop-motion animation in this ultimate arts & crafts animation program. In the afternoon, students will let their imagination be their guide as they create an exciting Minecraft world for a movie they create. Students will work in age appropriate groups. Students will have a 1 hour supervised lunch break from 12 – 1 pm.

**Age Group** Grades 3-8  
**Day/Time** Monday–Friday, August 22–26, 9am–4pm  
**Location** Delfino Rink  
**Registration** Ongoing at [www.incrediflix.com](http://www.incrediflix.com)  
**Fee** \$380 **Check payable to Incrediflix**

## Aviation Sky Explorers new

Learn to build your own aircrafts and delight as they soar overhead! Each model is built from scratch and is yours to keep at the end!

**Age Group** Grades K-6  
**Day/Time** Monday–Friday, August 22-26, 9am–12:00pm  
**Location** Gillie Recreation Room  
**Registration** Ongoing  
**Fee** \$200 **Make checks payable to Hobby Quest**

## Basketball Camp

Players will develop their dribbling, passing and shooting skills. Each day will end with small-sided games where coaches will encourage good sportsmanship and teamwork. Participants will develop an understanding of offensive and defensive plays, and will be encouraged to implement these into a scrimmage.

**Age Group** Grades 3-6  
**Day/Time** Monday–Thursday, August 15–18, 5–6:30pm  
**Location** Delfino Park  
**Registration** Ongoing at Recreation office or [www.ussportsinstitute.com](http://www.ussportsinstitute.com)  
**Fee** \$100 **Checks payable to US Sports Institute**

## Cheerleading – Hip-Hop Dance Camp

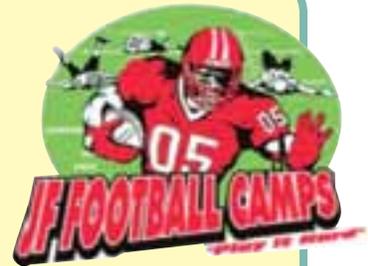
Each day will be filled with excitement and learning of cheer motions and dance jumps, while incorporating Hip-Hop dance moves. Wear sneakers, dress in comfortable clothes. Bring a snack, water bottle and lunch.

**Age Group** Grades 1-5  
**Day/Time** Monday–Friday, 9am–3pm  
**Course #** 124410–C1 June 27–July 1  
124410–C2 August 15-19  
**Location** George Washington School  
**Registration** Ongoing  
**Fee** \$200

## JF Football Camps

Develop and improve your football skills in a safe and enjoyable non-contact atmosphere. The camp will be led by William Paterson University, Head Football Coach and WP resident, Jerry Flora.

**Age Group** Entering 1st -8th grades  
**Day/Time** Aug 1-5. 6:30 – 8:30pm  
**Location** Archbishop Stepinac High School  
**Registration** on-line at [www.jfcamps.com](http://www.jfcamps.com)  
**Fee** \$135 prior to June 1, \$150 after



# CAMP CENTRAL

## Fashion Design Camp

Are you dreaming about creating one-of-a-kind outfits that will rule the runway? Join us and you will learn exactly how you can make unique fashions all on your own! Each fashionista will create and design their very own wearable outfit, including summer staple pieces. We will put on a fashion show at the end of camp that will be put on a DVD for you to take home.

**Age Group** Grades 2-6  
**Day/Time** Monday–Friday, August 15-19, 9am–12pm  
**Location** Gillie Recreation Room  
**Registration** Ongoing  
**Fee** \$200 **Checks payable to Hobby Quest**

## Lacrosse Camp

Players will develop their stick handling, catching and passing skills. Each day will end with co-ed, small-sided games where coaches will encourage good sportsmanship and teamwork. Participants will develop an understanding of offensive and defensive plays, and will be encouraged to implement these into a scrimmage.

**Age Group** Grade 1 - 6  
**Day/Time** Monday–Friday, August 22–26, 4–5:30pm  
**Location** Delfino Rink  
**Registration** Ongoing at Recreation Office or [www.ussportsinstitute.com](http://www.ussportsinstitute.com)  
**Fee** \$120 **Check payable to US Sports Institute**



## LEGO Flix

Let's bring our Lego Worlds to life! We provide the Legos and you provide your imagination. Students will create a Lego set with Lego characters for a movie they storyboard, write, shoot, and voice over. Flix downloadable within a month after program ends.

**Age Group:** Grades 3-8  
**Day/Time** Monday – Friday, August 15–19, 1–4pm  
**Location** Delfino Park  
**Registration** Ongoing  
**Fee** \$200 **Check payable to Incrediflix**

## Minecraft Flix

You love Minecraft! Let your imagination be your guide as you turn the popular video game into an exciting Minecraft world. Using stop-motion animation you will bring Steve, the creepers, animals and more to life. Students will write, storyboard, shoot and add voice-over in age-appropriate groups. \*Flix downloadable within a month after program ends.

**Age Group** Grades 3-8  
**Day/Time** Monday–Friday, August 22–26, 1–4pm  
**Location** George Washington School  
**Fee** \$200 **Check payable to Incrediflix**

new

## Teaches Basketball Camp

Teaches enters our 29th year of basketball camps. Our success is based on fundamentals and participation. Each camper will receive their own basketball, bag, shirt and lots of fun for the week! Don't miss out on a great basketball experience.

**Age Group** Grades 3-11  
**Day/Time** Monday – Friday, June 27– July 1, 9am–2:30pm  
**Location** Rochambeau School Gym  
**Registration** Ongoing at Recreation office or [www.teacheshoops.com](http://www.teacheshoops.com)  
**Fee** \$300 **Check payable to Teaches Basketball Camps**



# CAMP CENTRAL

## TGA Enrichment Golf Camp

Junior Golf Camps offer an unforgettable experience for your child by combining expert instruction, course play and exciting activities that keep students engaged all day. Students of all ages and skill levels can learn the game of golf in a comfortable, non-intimidating environment. Learn the basic fundamentals, along with advanced techniques, with instructors that are trained specifically to teach junior golfers. With a low camper to instructor ratio and group pairings by age and skill, TGA camps provide ample individual attention and proper instruction for your child.

<b>Age Group</b>	Grades K-6
<b>Day/Time</b>	Monday – Friday, 9:00 am–12:00 pm <b>G1:</b> June 27–July 1 <b>G2:</b> July 11–15 <b>G3:</b> July 18–22 <b>G4:</b> July 25-29
<b>Location</b>	New York Presbyterian Hospital/9-Hole Golf course Rain site: Ridgeway Elementary School Gym
<b>Registration</b>	Ongoing at <a href="http://www.playtga.com/southernwestchester">www.playtga.com/southernwestchester</a>
<b>Fee</b>	\$299 per week, Check payable to TGA \$25 per week–Equipment rental fee or bring your own equipment



## US Sports Institute Multi Sports Camp

Experience over 16 different sports including Soccer, Basketball, Lacrosse, Volleyball, Disc Golf, Cricket, Floor Hockey and many more. All activities will take place in an atmosphere which promotes good sportsmanship, teamwork and most of all, fun! Campers will receive technical instruction, have the chance to experience the sport in a realistic game situation, and participate in the exciting USSI World Cup Competition. All participants will receive a t-shirt and certificate.

<b>Age Group</b>	Grades K-8
<b>Day/Time</b>	Monday–Friday, 9am–3pm, Extended Day 3-5pm <b>M1:</b> June 27–July 1 <b>M2:</b> August 15–19 <b>M3:</b> August 22–26 <b>M4:</b> August 29–September 2
<b>Location</b>	Delfino Park, Rain site: Delfino Rink
<b>Registration</b>	Ongoing at Recreation Office or <a href="http://www.ussportsinstitute.com">www.ussportsinstitute.com</a>
<b>Fee</b>	\$210/\$234 extended day <b>Check payable to US Sports Institute</b>
<b>Special Note</b>	<b>Immunization records are required at registration</b>



## WP Youth Soccer Camp

Kick your way into the soccer season. Experienced and enthusiastic Soccer coaches provide an intensive week long soccer immersion. Age and skill abilities are divided for the optimal experience.

<b>Age Group</b>	Grades K–8 boys and girls
<b>Day/Time</b>	Monday–Friday, 9am–3pm August 15-19
<b>Location</b>	George Washington School
<b>Registration</b>	Ongoing at Recreation Office or <a href="http://www.wpys.org">www.wpys.org</a>
<b>Fee</b>	\$175 (9am-12 pm)/\$250 (Full day) <b>Check payable to WP Youth Soccer</b>

# Adult Programs

## Aqua Zumba

Aqua Zumba integrates the Zumba formula and philosophy with traditional aqua fitness disciplines. It blends it all together into a safe, challenging, water-based workout that is cardio-conditioning, body-toning, and most of all, exhilarating.

**Age Group** 18 and older  
**Day/Time** Saturday, 10:45–11:45am  
**Course #** **140110–Z1** Begins April 16, 6 Sessions  
**Location:** WP High School Pool  
**Registration** Ongoing  
**Fee** \$78

## Basketball League Outdoor Summer

This competitive league is NCAA-certified and will feature top-notch players. Team tryouts will be held Monday, April 18, Wednesday, April 20, Tuesday, April 26 and Thursday, April 28, 6-9pm. Call to schedule a try out day before April 15th. **All team representatives MUST attend organizational meeting to be held on Wednesday, May 4, at 6:30pm at Gardella Park Pavilion. Call George Price at 422-1347.**

**Age Group** 18 & Older  
**Day/Time** Sunday, Tuesday, & Thursday, 6:30, 7:30, & 8:30pm  
 Championship Game Sunday, August 14  
**Course #** **140310-01** Begins June 21-August 14  
**Location** Gardella Park  
**Registration** **By Team ONLY.**  
**Fee** \$825 per team **Due May 4**  
 Cash or Money Order ONLY.

## Bicycle Maintenance & Cycling as a Sport

FREE introductory bicycle class on maintenance and cycling. This class will teach you how to perform important basic tasks to care for your bicycle, and introduce you to the sport of cycling. **All participants must bring their bike.** Program supported by the Westchester Cycle Club.

**Age Group** Youth - Adult (Limit 20 participants)  
**Day/Time** Wednesday, 7pm, April 27, (1 Day ONLY.)  
**Course #** **155810-01**  
**Location** Ebersole Ice Rink, Delfino Lake Street (Indoor Warming Room)  
**Registration** On going.  
**Fee** **FREE**



## Community Gardens

Vegetable & flower plots available to residents. Registration required.

**Age Group** 18 & Older  
**Day/Time** Monday-Sunday, March 7-November 15  
**Course #** **142710**  
**Location** Baldwin Farm and/or NY Hospital  
**Registration** Interested gardeners should call 422-1336.  
**Fee** \$45 Residents only

## Fat Burning Pilates – Bodies in Motion

Join a dynamic class that combines calorie burning cardio and fundamental Pilate moves by using weights, resistance bands, and stability balls. This combination of cardio moves and core exercises will strengthen your abdomen and maximize your fat burning potential.

**Age Group** 18 and older  
**Day/Time** Thursday, 6:30 - 7:30pm  
**Course #** **145310-01** Begins April 14, 8 sessions  
**Location:** White Plains Community Center, 65 Mitchell Place  
**Registration** Ongoing  
**Fee** \$104



## GENTLE YOGA

This class will introduce slow and flowing movements to open and center the body and mind. Instructor will offer modifications to make poses more accessible for those who would like to practice in a supported way. It may include breath work and guided meditation. Bring your own mat.

**Age Group** 18 and older  
**Day/Time** Saturday, 10:30–11:30am  
**Course #** **144510-Y2** Begins May 7, 6 Sessions  
**Location** WP Public Library, 100 Martine Ave  
**Registration:** Ongoing  
**Fee:** \$78

## Kittrell Pool

Lap swim during July & August. Available to all Residents with Current Recreation ID Cards

**Day/Time** Tuesday, Wednesday, Thursday. 8-9am

# Adult Programs

## Outdoor Yoga (OPEN LEVEL)

**new**

Start your weekend off by releasing tension from your body, lifting your spirit, and connecting with your inner core. We will use a blend of yoga exercises and meditation techniques to help increase strength, improve flexibility, and help balance the mind and body. Some Yoga experience is helpful. Bring your own mat.

<b>Age Group</b>	18 and older
<b>Day/Time</b>	Saturday, 9 – 10 am
<b>Course #</b>	<b>144510–Y1</b> Begins May 7, 6 Sessions
<b>Location</b>	Liberty Park
<b>Registration</b>	Ongoing
<b>Fee</b>	\$78

## Pickle Ball = Tennis + Platform Tennis

Enjoy a game that takes the best components of two popular racket sports: tennis and platform tennis. We have four courts dedicated to open play. Basic instruction in the game of pickle ball along with a limited supply of equipment will be available. Fun, exciting and challenging for all fitness levels.

<b>Age Group</b>	18 and older
<b>Day/Time</b>	Tuesday, Wednesday, Thursday April 19 through May 26 10am-2pm
<b>Location</b>	Ebersole Rink Delfino Park Lake Street
<b>Registration:</b>	Ongoing
<b>Fee:</b>	\$10 per session

## Rugby (White Plains)

**CALLING ALL ATHLETES!!!** Men and women, ages 17 and over with sports experience in football, wrestling, lacrosse, basketball, baseball, tennis, track, et al, and of course rugby. We will teach you the game of rugby football. No experience necessary; only a keen desire to get fit and compete hard in the game. White Plains Rugby is in the Second Division of the Empire Geographic Rugby Union, part of USA Rugby, and our spring season begins in March. Contact Willie Castillo, Head of Recruiting, (347) 622-1661, or by email [info@wprfc.org](mailto:info@wprfc.org).



## Softball, Co-Ed League

The Recreation and Parks Department is glad to announce its terrific co-ed softball league. There will be an organizational meeting on Monday March 28, 6:30 pm at the Gillie Recreation Room. Please contact Lauren O'Connor, Recreation Supervisor 422-1351 for further details.

<b>Age Group</b>	18 & Over
<b>Day/Time</b>	Weekday nights, April-September
<b>Course #</b>	<b>140210-05</b>
<b>Location</b>	Gillie Field 2 / Delfino Park
<b>Registration</b>	Ongoing at the Recreation Office
<b>Fee</b>	\$1,450

## Softball, Men's and Women's League

Slow pitch - Residential and Industrial League play for all levels of competition. For more information, contact Lauren O'Connor 422-1351.

<b>Age Group</b>	18 & Over
<b>Day/Time</b>	Games are weekdays, April-September, 6-11pm
<b>Location</b>	Delfino Park/Gillie 2
<b>Registration</b>	Organizational meeting Monday, March 28
<b>Fee</b>	\$1,200 Men Resident, \$1,900 Non Resident, \$1,000 Women

## Summer Softball Tournaments

**new**

Enjoy a day full of softball and fun, food and music. Register as a team, guaranteed 3 games. Winners receive a trophy and t-shirt.

### MEN'S TOURNAMENT

<b>Age Group</b>	18 & Older
<b>Day/Time</b>	Saturday, June 25, All Day
<b>Location</b>	Delfino Park, Lake Street
<b>Registration</b>	Ongoing (Space Limited) <b>Deadline May 20</b>
<b>Fee</b>	\$300 Call Lauren to Register 422-1336

### CO-ED TOURNAMENT

<b>Age Group</b>	Men & Women 18 & Older
<b>Day/Time</b>	Saturday, August 27 All Day
<b>Location</b>	Delfino Park, Lake Street
<b>Registration</b>	Ongoing (Space Limited) <b>Deadline August 5</b>
<b>Fee</b>	\$300 Call Lauren to Register 422-1336

## X-Academy Fitness Program (By Peter Marino, Fitness Trainer)

**new**

This outdoor fitness program encompasses bodyweight training, kettlebells, sprints and mobility exercises. Whether you are a seasoned athlete looking for something new to step up your game or prepare for a sporting event, or if you are a beginner needing modifications and support on your journey into a fit lifestyle, Peter will help you!! Every registrant is also entitled to 8 weeks of free health coaching interaction via the Nudge Coach app for iPhone and Android.

<b>Age Group</b>	18 & Over
<b>Day/Time</b>	Tuesday, 6:30–7:30 pm, Begin May 3, 8 sessions
<b>Location</b>	Turnure Park (Lake St)
<b>Registration</b>	Ongoing
<b>Fee</b>	\$130 <b>Check payable to Peter Marino</b>

# Adult Programs

## Tennis Mixer

Meet new people, make new partners on this fun, competitive play evening.

**Day/Time** Friday, June 17, 6:30-8:30pm  
**Location** Gillie Park Tennis Courts  
**Registration** Available at the Recreation Office May 6  
 Based on court availability  
**Fee** \$10 per event

## Tennis Spring

USA Tennis instruction program designed for all levels of tennis players. Learn the basics or improve your game.

**Age Group** 18 & Older  
**Day/Time** Thursday, Wednesday 6-7:30pm  
**Course #** 141210-01 Wednesday, May 18, 4 Sessions  
**No Session 5/26**  
**Course #** 141210-03 Thursday, May 19, 4 Sessions  
**Location** Gillie Park Tennis Courts  
**Registration** Ongoing, Class sizes limited.  
**Fee** \$125 Resident

## Tennis Summer Clinic

Instructional Program

**Age Group** 18 & Older  
**Day/Time** Monday, 6 - 7:30pm  
**Course #** 141210-06 July 11, 4 Sessions  
**Location** Delfino Park Tennis Courts  
**Registration** Ongoing, Class is limited to 12 participants.  
**Fee** \$125 Resident

**White Plains Recreation has partnered with Tennis Innovators to offer additional limited outside Har-Tru Courts at a new transformed facility, located in Delfino Park, 110 Lake Street.**

**Season Passes and Guest Coupons will be accepted at this facility from June 1 thru Labor Day. Call 428.2444 for Court hours and closings. Additionally this location offers 2 seasonal Platform Tennis Courts.**

## Tennis Serve it-Smash it- Win it- Love it

No matter how you play it, tennis is one of the most popular individual sports, yet provides the ability to get competitive if that's your desire. It is a great form of exercise, recreation and offers an opportunity to participate in a lifetime sport.

Gillie Park located at 85 Gedney Way offers residents and non-residents the ability to play on 10 outstanding Har-Tru Courts with free parking. These fabulous courts are open from May until October 23.

We offer lessons for Youth and Adults, Season Passes, Open Play, Tournaments and an opportunity to make new friends and immerse yourself in this great game.

Registration for all Recreation programs is available in the Administration building in Gillie Park. For Questions & Additional information Call 422-1363 Rain delays and court closings call 422-1398

### 2016 Tennis Court Fees

Current Recreation ID Cards required for Season Play Passes

#### Hourly Fee Singles/Doubles

Youth/Seniors	\$10
Adults	\$13
Guest Coupons (5 plays)	\$60

#### Season Passes

Youth	\$55
Seniors	\$90
Adults:	\$120
NON-Residents	\$350

#### Summer Hours (May 27- Sept 15)

Monday-Friday	9am-10pm
Saturday & Sunday	8am-6pm

#### Spring Hours

Monday-Friday	9am-9pm
Saturday & Sunday	8am-6pm

#### Fall Hours (Sept 6- Oct 23)

Monday-Friday	9am-9pm
Saturday & Sunday	8am-6pm

## Poolside fun for you, your family and friends

Poolside fun for you, your family and friends. One of the best kept secrets in White Plains is the refreshing, pristine pools of Gardella Park, Ferris Ave (access & parking from church Street School) and Kittrell Pool located on Fisher Avenue. Admission is FREE with a current Recreation ID Card: Guest Passes are \$5.00 per visit with a valid Adult Recreation Pass Holder and can be purchased @ the Recreation Office during business hours. Pools will open Saturday, June 18, Sunday, June 19 and daily from June 24 until September 2. Additional information please call 422-1339.

**Mountain Valley Guides**, the Hudson Valley's premiere kayak outfitters is pleased to announce that we will be offering kayaking at Silver Lake in White Plains starting May 14. Silver Lake offers a beautiful, calm and safe area to kayak right in the City of White Plains.

**Family Kayaking:** A 1.5 hour program for parents and kids to enjoy kayaking in safe/calm waters of Silver Lake. Guides will provide instruction and lead a paddle around Silver Lake. Kids must be at least 8 years of age to participate. \$25 per person

**Intro to Kayaking for Adults:** This class is for anyone who is interested in learning how to kayak. Our guides provide a quick overview of kayaking and will teach 3 basis paddling strokes and have you out on the lake paddling like a pro within minutes. \$25 per person

**KICKS (Kids in Colorful Kayaks):** This kid's only kayak program is for kids ages 8-13. Our guides will provide instruction. \$25 per child  
 Kayak Rentals: 1.5 hour rentals are available. Advanced registration is recommended to assure we will be on site. \$25 per kayak

For registration and additional information call 845 661-1923

**Family Kayaking** -5/14, 21, 29, 6/4, 19 **Intro to Kayaking** -5/15, 21, 30, 6/4, 19 **KICKS** -5/14, 15, 29, 30

# Active Older Adult Programs

## About the White Plains Recreation & Parks AOA Program

The Active Older Adult Program is located at the White Plains Recreation & Parks Community Center on the first floor of the historical Armory Plaza, 65 Mitchell Place in downtown White Plains. Metered parking is available on Mitchell Place or in the City Center Parking Garage located on Martine Ave. and Main Street. **New Location! Some classes are now also held at the White Plains Library on Martine Avenue. See course description specifying our new location.**

The Senior Café Program and Transportation and Supportive Services are partially funded through the US Department of Health and Human Services, the New York State Office for the Aging and the Westchester County Department of Senior Programs and Services.

**Recreation & Wellness Support** - Residents 60 years old and up qualify to participate in the Active Older Adult classes, programs, services, trips and special events. Non-residents are welcome to attend classes by paying the non-residents rate. Enjoy a variety of recreation and leisure activities throughout the year. Through our Wellness Support program you can receive guidance and direction from health care professionals. Assistance is also available to senior residents who may require help with various problems navigating County and other government programs.

**Senior Café** – The Center serves a delicious, nutritious hot lunch daily from 11:30am–noon for a \$3.00 suggested contribution. Meal reservations can be made for a week at a time (24 hour reservation required), call 422-1423.

**Center Transportation Services** - Bus service is available, door to door, to and from your home. **Reservations must be made the day before by 4pm.** Reservations can also be made for a week at a time. Center Bus Schedule: 9 am, 10am (dependent on number of riders) 1 & 3pm runs. Fee is a \$1.00 suggested contribution per one-way service. For reservations call 422-1423.

**Grocery Shopping – Thursdays** - (Shop for one hour). Bus pick up is between 9:15 – 10am. You can choose to shop at Stop & Shop or Shop Rite.

**Farmer's Market** – Wednesdays The Senior Bus will pick you up on the morning run and drop you off at the market. The bus will pick you up from the Market and return to the Center, not your home. For a ride home you must make a reservation for the 1pm bus leaving from the Center.

**We now accept Visa, Mastercard or American Express. REFUND POLICY** - There are NO refunds unless your cancellation is filled. There are no refunds for Center parties, luncheons and events. For any programs cancelled by the Recreation & Parks Senior Program, a full refund will be issued.

**Senior Citizens Advisory Committee (The SCAC is a non-partisan and non-sectarian organization not affiliated with the City of White Plains.)** The purpose of the SCAC is to enrich the lives of senior members of the community through supporting programs and activities for older citizens and creating a positive impact in their quality of life. **Visit their SCAC Thrifty Boutique Shop** – donate your unused items and help to support programs through item sales. Boutique open Mon – Fri., 10am – 3pm. Feel free to speak with any committee member with suggestions that you may have: Malcolm Baehr, Jean Brown, Matthew Coffey, Jean Cortalano, Sue Demarsico, Kathy Ferri, Lydia Garced, Jane Prout, Agnes Scheu, and Margaret Weaver.

**Cafeteria y Transportacion:** Delicioso y nutritivo almuerzo diariamente - 11:30 a.m. a 12 p.m. Contribución sugerida: \$3.00. Se ofrece transportación de ida y vuelta de su casa al Centro. Contribución sugerida: \$1.00 cada vía. Horario de buses: 8:30am, 1 y 3pm. Para almuerzo y transportación debe reservar con por lo menos 24 horas de anticipación. Llamar al 422-1423. Puede hacer reservaciones para toda la semana.

**Servicio de transportación al supermercado:**  
Jueves (1 hora para hacer compras) **Jueves:** Shop Rite o Stop & Shop- Ida y vuelta – Le recogen entre 9:15 – 10am en su casa. **Miercoles:** Para el Mercado al aire libre (Court Street)- El bus de las 9 am le recogerá en su casa y le llevara al mercado. El bus le recogerá en el mercado para regresar al centro, no a su casa. Para transportación hacia su casa reserve el bus de la 1pm que sale del Centro.

**Program hours are 8:30am–4:30pm, Monday – Friday. For more information, to make a Senior Café, or Transportation reservation call 422-1423.**

# Active Older Adult Programs

## CREATIVE ARTS & COMPUTERS



### Computer Basics

This is an introductory course to the personal computer. Learn how to turn on the PC on/off, how to use the mouse, learn about the desktop, access internet functions and how to create and use e-mail.

**Day/Time** Friday, 10:15 – 11:15am  
**Course#** 163210-C2 begins July 8 (4 sessions)  
**Course#** 163210-C3 begins Aug. 12 (4 sessions)  
**Fee** \$5 Residents Only

### More Computers

Explore files and folders, how to create them, copy, move and delete them. Learn about email directories; create files and folders and basic internet searches. Class will cover downloads, working with flash drives, CDs and other storage devices.

**Day/Time** Friday, 11:15am– 12:15pm  
**Course#** 163210-C4 Begins July 8, 4 Sessions  
**Course#** 163210-C5 Begins Aug. 12  
**Fee** \$5 Residents Only

### Craft Workshops - Decopage, Antique new

Faux Finishes, Floral Arranging.  
Challenge your creative side with these new craft opportunities. Class supplies are an additional fee of \$50

**Day/Time** Wednesday, 10am –12pm, Begins April 27  
6 Sessions  
**Course#** 163110-A3  
**Fee** \$25 Resident, \$55 Non-Resident

### Forever Young Singers

In this performance group you will learn songs which will be performed at City events. Explore part singing, harmonies and various vocal styles. There will be a performance at the end of the season.

**Day/Time** Tuesday, 10:15–11:30am  
**Course#** 163110- F1 Begins April 12, 9 Sessions  
**Fee** \$5 Resident, \$55 Non-Resident

### New Class! Knitting & Crochet for Everyone

All levels of skill welcomed –This instructional program offers the opportunity to learn this fun craft and socialize with friends. Beginners receive basic instruction to start knitting and crocheting. Beginners should bring one skein of yarn and knitting or crochet needles.

**Day/Time** Thursday, 10am-noon  
**Course#** 163110-K1 Begins April 21, 10 Sessions  
**Course#** 163110-K2 Begins July 7, 6 Sessions  
**Fee** \$5 Resident, \$55 Non-Resident

### Memoir Writing Workshop

This class will help you communicate your experiences in writing creating a clear and compelling prose.

**Day/Time** Tuesday, 10:30 – 11:45am  
**Course#** 163110-M1 begins April 12 (10 sessions)  
**Fee** \$5 Residents, \$55 Non-Residents



### Open Art Studio & More new

Explore various art modalities...drawing, painting and *now introducing textiles art and jewelry making!* Class supplies are provided to beginners. Intermediate to advanced students bring your personal supplies.

**Day/Time** Tuesday, Tuesday, 10am –12pm  
**Course #** 163110-A1 Begins April 26, 8 Sessions  
**No Session 5/31**  
**Fee** \$30 Resident, \$55 Non-Resident

### Watercolor

This course is open to all levels. Review techniques, practice technical skills, and become comfortable with how watercolor behaves.

**Day/Time** Monday, 10 am–12pm  
**Course #** 163110-W1 Begins April 25, 8 Sessions  
**No Session 5/30**  
**Fee** \$30 Resident, \$55 Non-Resident  
**Materials needed: Beginning Students:** A list of materials to purchase will be available at the first class. **Advanced Students: Bring what you have.**



# Active Older Adult Programs

## HEALTH & FITNESS

### Physical Activity Levels

Health & Fitness classes are defined by the physical skills required to participate in the activity. **REMINDER:** Consult your physician before participating in a fitness program. For comfort and ease of movement, dress warm up clothes and appropriate foot wear.

- Level 1** movement done in a sitting position only
- Level 2** movement done in a sitting position or standing position with support from a chair
- Level 3** movement done in a standing position with or without the support of a chair
- Level 4** movement done in a standing position without support of a chair, with high level skills in agility, balance and coordination, ability to get down and up from the floor.

### Chair Yoga – Level 1 *Exercise Video*

Step by step poses while sitting in your seat, with modifications provided for those who may have limitations.

- Day/Time** Monday, 10:45–11:30am, Ongoing
- Course#** **163410-YV** Begins April 4  
Monday and Wednesday, Begins July 6  
Check your receipt for no class dates
- Fee** Free, Registration Required

### Fall Prevention Fitness - Level 2

Class sponsored by Westchester County Department of Senior Programs and Services and Westchester Community College Mainstream. Stay strong and fit with exercises that will improve balance, cardiovascular endurance, and strength.

- Day/Time** Wednesday, 10:30–11:30am
- Course#** **163410-F1** Begins April 13, 18 Sessions
- Fee** Free

### Gentle Yoga – Level 2

Maintain overall body flexibility and endurance. Stress reduction and relaxation are a plus!

- Day/Time** Wednesday, 2-3pm
- Course#** **163410-Y1** Begins April 27, 8 Sessions
- Fee** \$30 Resident, \$55 Non-Resident

### Let's Line Dance – Level 4

Line dance helps with coordination, balance and teases the brain while giving you a great workout! Wear shoes with soles, sneakers not recommended.

- Day/Time** Thursday, 10–11am
- Course#** **163410-L1** Begins April 14, 8 Sessions
- Fee** \$5 Resident, \$55 Non-Resident

### Senior Strong – Level 3

This program is heart healthy and easy on the joints using low-impact weights, stretch bands and a ball.

- Day/Time** Monday, 10:30–11:30am
- Course#** **163410-S1** Begins April 11, 8 Sessions  
**No Class 5/30**
- Fee** \$30 Resident, \$55 Non-Resident



### Sit & Get Fit – Level 1 *Exercise Video*

Get a great workout while sitting in your seat.

- Day/Time** Monday, Tuesday & Friday 9:45–10:30am
- Course#** **163410-SV** Begins April 1  
Check your receipt for no class dates
- Fee** Free, Registration required

### Tai Chi Video – Level 3

Great for beginners!

- Day/Time** Thursday, 11am–12pm
- Course#** **163410-TV** Begins April 7  
(8 sessions)
- Fee** Resident \$30, Non-Resident \$55

### ZUMBA Toning – Level 4

Move to international music and get an exciting, effective workout. Routine features aerobic training with a combination of weights for toning and sculpting.

- Day/Time** Friday, 10:30 – 11:30am
- Course#** **163410-Z1** begins April 17 (8 sessions)  
**No Class 5/6**
- Course#** **163410-Z2** Begins June 24, 6 Sessions
- Fee** \$30 Resident, \$55 Non-Resident, 8 Sessions  
\$25 Resident, \$45 Non-Resident, 6 Sessions

# Active Older Adult Programs

## GAMES

### BINGO!

**Day/Time** Tues. & Thurs. 1– 3pm Ongoing  
**Fee** 25¢ a card, Registration required

### Bocce Ball - Lawn Bowling for 55 and over!

Come out with your friends and enjoy the fresh air and sunshine while having fun playing Bocce at our new court! Bocce ball set will be provided.

**Day/Time** Tuesday & Thursday, 10am-1pm  
**Location** Turnure Park Call 422-1423 for more information



### Duplicate Bridge - A Friendly Introduction

This program will give you an opportunity to learn, in a friendly manner, how to play the fun game of duplicate bridge. There will be many playing opportunities during the course of the game for players to take greater advantage of past lesson experience.

**Day/Time** Wednesday, 1 – 3pm  
**Course#** 165110-B3 Begins April 13, 8 Sessions  
**Location** White Plains Public Library  
 100 Martine Ave, Room B  
**Fee** \$30 Resident, \$55 Non-Resident



### Mah Jongg Instruction

This is a starter course for beginners. The American version is taught at this class

**Day/Time** Tuesday, 1:30–3:30pm  
**Course#** 165110-M1 Begins May 3, 6 Sessions  
**Fee** Resident \$25, Non-Resident \$45  
**Note** A Mah Jongg Card must be purchased on your own to attend the class. Cards can be purchased through the National Mahjongg League, 212-246-3052.

### Supervised Bridge

Improve your game with play and discussion of hands. Practice your skills with random hands and receive constructive criticism. Class is not for beginners. Class is limited to 16 participants.

**Day/Time** Tuesday, 1–3pm  
**Course#** 165110-B1 Begins April 12, 8 Sessions  
**Location** White Plains Public Library  
 100 Martine Ave, Room B  
**Fee** \$30 Resident, \$55 Non-Resident

### Westchester Wii Bowling League - White Plains Team

Learn how to do play this fun Bowling video game and competing against other senior groups.

**Day/Time** Monday & Thursday, 10–11:30am & 12:30-2:30pm  
**Course #** 165110-W1 Begins April 4  
 Check your receipt for no class dates  
**Fee** Free, Registration Required

## SOCIAL & SPECIAL INTEREST

### AARP Defensive Driving

Checks or money orders only. **No cash!**

**Day/Time** Monday, 9am – 4pm  
**Date** July 25 & August 8  
**Fee** \$20 Members, \$25 Non-Members  
**Check payable to AARP**

### Broadway Theater Lovers Club

At the club meeting we will discuss current Broadway shows and vote on one to attend. If you are interested in joining this group, bring cash or a check to pay for the trip at the meeting time. For more information call 422-1423.

### Dine Around Club

Join us on the last Tuesday of every month for dinner out in White Plains with friends. Restaurants will be determined monthly. Cost on your own. Please register at the front desk or call 422-1423.

### Grupo Social Hispano

Unase a este grupo social y comparte las similitudes y diferencias de su cultura con otras personas de habla hispana. (Join this social group and share your culture.)

**Dia/Hora** Miércoles, 1-3pm, Todo el año  
**Day/Time** Wednesday, 1 – 3pm, ongoing  
**Costo** Gratis, Registracion no es necesaria.  
**Fee** Free, No registration required)

# Active Older Adult Programs

## Let's Talk Wall Street

**new**

This is a networking group where participants can learn about investing, explore how to create a steady flow of income from dividends, share ideas on how to build equity by trading stocks and more! Participants can point each other to publications and internet resources that give sound information while learning how to sort out reliable resources from the unrealizable ones, going

**Day/Time** Every other Thursday, 1:30-3:30pm  
Begins April 21

**Fee** Free, Please RSVP, 422-1423

19300	19.3	8500/T	8642/T	8661/T	87
4055	-43.50	HK	HK	HK	
2621	2571	1186	1462	1446	2
1143.89	1041	-13	+18	-21	
95.37	-181	2492/T	2514/T	2528/T	253
7865.20	-51.50	TKY	TKY	TKY	
142.30	136.89	2312	1651	1067	1
1991	-9.67	-09	-13	-32	
37280	+1.89	4519/T	4542/T	4598/T	460
897.56	892.16	NY	NY	NY	
351.79	326.51	1891	2019	1678	1
2312	-20.14	-25	-42	+16	
31.25-29	29.45	1834/T	1865/T	1887/T	189
981.43	902.98	UK	UK	UK	

## The Man Cave

What separates the men from the boys? "The Man Cave"! Here men can gather to socialize with each other and discuss current events, sports, movies and whatever else is on a man's mind.

**Day/Time** Wednesday, 10 – 11am

**Fee** Free, No registration required



## Senior Program Meeting

Join us every other month to discuss the upcoming senior programs and activities. Your feedback and suggestions are welcomed.

**Day/Time** Wednesday, 12:15-1pm

**Dates** May 6, July 22, Sept. 9

## WELLNESS SUPPORT

### Aging & Life Transitions

Join in this open discussion group where you will explore and share experiences related to the process of aging.

**Day/Time** Tuesday, 12:15 – 1pm

**Date** April 5 & 19, May 3 & 17, June 14 & 28, July 26, Aug. 9 & 23, Sept. 6 & 20

### Chronic Disease Self-Management Workshop

This educational series will give you tools and teach you techniques to manage symptoms of any health condition, discover better nutrition, exercise choices, and help to meet personal goals and work with your health care professional.

**Day/Time** Wednesdays, Noon – 1pm

**Date** April 13, 20, 27, May 4, 11, 18

6 Sessions, **Participants must commit to attend all 6 Sessions**

**Location** Community Center

**Registration** April 6, Noon, registration and information session .

### Seminario de Enfermedades Crónicas (En Español)

Esta serie educativa le dará herramientas y le enseñará técnicas para controlar los síntomas de cualquier condición de salud, descubre una mejor nutrición, opciones de ejercicio, y ayudar a cumplir con las metas personales y trabajar con su profesional de la salud.

**Día/Hora** Miércoles, 9am – 11:30am

**Fechas** Abril 13, 20, 27, May 4, 11, 18 (6 Semanas)

Los participantes deben comprometerse a asistir a todas las 6 sesiones  
**Abril 6 - Medio Día: Habrá una sesión informativa en el centro de la comunidad y para registrarse.**

### Lunch & Learn Presentations

Have a delicious hot lunch and learn from different professionals about various health issues.

**Day/Time** Wednesday, Noon – 1pm

**Location** Community Center, 65 Mitchell Place

**April 20** Vascular Health

**May 4** Ankle Arthritis Treatments & Cures

**June 1** Hearing Loss

**July 6** Summer Skin Health

**Aug. 24** Staying Hydrated

**Sept. 21** Falls Prevention

# Active Older Adult Programs

## Medicare Minute

Once per month, trained volunteers in the Seniors Out Speaking (SOS) share Medicare Minutes on important Medicare topics. Topics include: Free Preventive Benefits Under Medicare, Medicare's Skilled Nursing Facility Benefit, Programs that Help Pay Medicare Costs, and many other topics.

**Day/Time** First Tuesday of the month 12 – 12:30pm  
**Dates** April 5, May 3, June 7, July 5, Aug. 2, Sept. 6

## Nurse's Corner

### Visiting Nurse Association of Hudson Valley

Meet with the visiting nurse for blood pressure readings and questions about medications and diet.

**Day/Time** 2nd Monday of the month 12:30 – 1:30pm  
**Dates** April 11, May 9, June 13, Sept. 12  
**No visits in July & August**



## Senior Health & Fitness Day

Participate in a day filled with informative Health and Nutrition related lectures and fitness classes; coordinated by Burke Rehabilitation Hospital, White Plains Hospital and White Plains Recreation & Parks Community Center. You must register by calling 422-1331 between April 13th and May 20th. Bus transportation will be provided to and from your home for White Plains senior residents only. Bus seating is limited!!!!

**Day/Time** Wednesday, May 25, 8:30am-4pm  
**Location** Burke Rehabilitation Hospital  
**Fee** Free



## NEW DAY & TIME!

### White Plains Hospital 50+ Lecture Series

Once a month, learn from top notch health professionals on how to stay healthy after the age of 50. Learn how to enhance your energy levels and improve your physical, cognitive and emotional health to live life to the fullest.

**Day/Time** 2nd Wednesday of the month, 12:15-1:15pm  
**Location** Community Center, 65 Mitchell Place  
**Dates** April 13, May 11, June 8, September 14  
**No Lectures July & August**  
 Topics to be announced mid-March.  
 Please call 681-1192 to register

## SPECIAL EVENTS

### Birthday Lunch Celebrations

Join us for lunch and entertainment as we celebrate our member's birthdays. Birthdays receive lunch on the house.

**Date/Time** Fridays, 11:30am - 1pm  
 April 8 Spring Birthdays (April-June)  
 July 8 Summer Birthdays (July-Sept)  
**Fee** \$3 Suggested contribution



### Movie and Popcorn Day

Join us on Fridays at 12:30pm for a movie and roasted popcorn. No registration necessary!

### Special Theme Luncheons

Join us for a delicious theme luncheon with live entertainment and raffles. \$3 suggested contribution required at the time of registration

**Fri., May 6** **Mother's Day** -11:30am – 1:30pm  
 (Pre-payment required.)  
**Fri. June 17** **Father's Day** 11:30am - 1pm (Pay that day)  
**Fri., June. 10** **Outdoor Gardella Park Barbecue** – 10:30am - 2pm  
**& Sept. 23** (Pre-payment required.)

# Active Older Adult Programs

## Westchester County Saxon Woods Pool Party

Music, lunch & swimming! Transportation will be provided to and from home.

**Date/Time** Tuesday, June 21, 9am-2pm (rain date 6/22)  
**Fee** \$4 lunch contribution, Sign up at the Center  
*(Advance payment required)*

## DAY TRIP ACTIVITY CODE

**REMINDER:** Your safety and comfort are important to us. Trips require boarding buses, sometimes lengthy walking, climbing steps and standing. Some trips are not suitable for those with ambulatory limitations. If on-going assistance is required, it will be necessary for you to arrange for a companion or aide to attend the trip with you. Please note the activity level descriptions below to determine if a trip is appropriate for you. If you have any questions please contact our office to determine if the trip you are interested in is suitable for you.

- Level 1** Little or no walking; few or no stairs (i.e. Bus drops you off close to the event).
- Level 2** Moderate walking, with places to rest.
- Level 3** Substantial amount of walking with or without places to rest.
- Level 4** Lots of walking, with standing for long periods of time.



## DAY TRIPS

### Sagamore Hill/Jolly Fisherman & Steak House/ Oyster Bay, NY Level 2

Visit the home of Theodore Roosevelt with a guided tour, explore the natural surroundings. Enjoy a three course luncheon at the Jolly Fisherman & Steak House.

**Date** Wednesday, April 13, 8:30am–5pm  
**Course** 163310–SH  
**Fee** \$66 all inclusive, **2 Payments**  
**\$31 Check payable to WP Senior Advisory Board**  
**\$35 Check payable to City of White Plains**  
**Bus Pick Up** 8:30am Saxon Woods, Coach Bus  
 Community Center 8:45am

### Westchester Broadway Theater “Man of La Mancha” Level 1

**Day/Event** Thursday, April 28, 10:45am-4pm  
**Course** 163310-MM  
**Fee** \$58, all inclusive  
**Bus Pick Up** 10:45am Saxon Woods, Senior Bus  
 11am Community Center

### Yonkers Raceway Day Trip Level 2

**Date/Time** Monday, May 23, 10am-4:30pm  
**Course** 163310-R1  
**Fee** \$10  
**Bus Pick Up** 10am Delfino Park, Senior Bus  
 10:15am Community Center

### Night at the Races/Empire Casino (Trotters) Level 2

Transportation provided to and from your home. When registering please let us know if you will need transportation.

**Date/Time** Thursday, June 2, 4:30-11pm (Tentative)  
**Course** 163310-R2  
**Fee** \$10  
**Bus Pick Up** 4:30pm Delfino Park, Senior Bus  
 4:45pm Community Center

### Ellis Island/Ellis Island Café Level 4

Learn about Ellis Island’s history before, during, and after its use as America’s immigration station. Lunch is on your own at Ellis Island Café.

**Day/Event** Wednesday, June 8, 8:30am-5:30pm  
**Course** 163310-EI  
**Fee** \$40, Tour & Lunch on your own  
**Bus Pick Up** 8:30am Delfino Park, Coach Bus  
 8:45am Community Center

# Active Older Adult Programs

## City Island Lobster House/Pell Mansion

**Level 4**

Take a guided tour of this grand country house and view the impressive collection of mid - 19th century furnishings and fine decorative arts. Stroll around the grounds and terraced garden behind the house. Dine at City Island's famous Lobster House.

**Day/Event** Wednesday, June 29, 10:30am-4:30pm  
**Course** 163310-CI  
**Fee** \$51 all inclusive, **2 Payments**  
**\$35 Check payable to WP Senior Advisory Board**  
**\$16 Check payable to City of White Plains**  
**Bus Pick Up** 10:30am Delfino Park, Senior Bus  
 10:45am Community Center

## Ace in the Hole - "Under the Boardwalk"

**Level 1**

A lively show featuring classic rock and roll tributes and hilarious comedy show. Enjoy a delicious family style lunch, including 2 complimentary drinks.

**Date/Time** Wednesday, July 13, 9:15am-5pm  
**Course** 163310-AH  
**Fee** \$73, all inclusive  
**Bus Pick Up** 9:15am Delfino Park, Coach Bus  
 9:30am Community Center

## Whitney Museum/Whitney Cafe/NYC

**Level 4**

View the finest twentieth-century American contemporary artwork in NY. Lunch is on your own at the Whitney Cafe.

**Date/Time** Wednesday, July 20, 8:30am-4:30pm  
**Course** 163310-WM  
**Fee** \$53, Lunch & Tour on your own  
**Bus Pick Up** 8:30am Delfino Park, Coach Bus  
 8:45am Community Center

## Palisade Mall/West Nyack

**Level 4**

**Date/Time** Wednesday, July 27, 9:45am-4pm  
**Course** 163310-PM  
**Fee** \$10  
**Bus Pick Up** (9:45am Delfino Park, Senior Bus  
 10am Community Center

## Million Dollar Quartet - Westchester Broadway Theater/Elmsford

**Level 1**

Smash-hit musical inspired by the famous rock 'n' roll icons Elvis Presley, Johnny Cash, Jerry Lee Lewis and Carl Perkins.

**Date/Time** Thursday, August 4, 10:45am-4pm  
**Course** 163310-MQ  
**Fee** \$58, all inclusive  
**Bus Pick Up** 10:45am Delfino Park, Senior Bus  
 11am Community Center

## Apawamis Country Club/Wainwright House, Rye, NY

**Level 2**

Have a sit down lunch at the exquisite Apawamis Country Club followed by a visit to the Wainwright House private retreat where you can relax and regenerate. Tour on your own.

**Date/Time** Wednesday, August 17, 10:45am- 4pm  
**Course** 163310-AC  
**Fee** \$29, all inclusive  
**Check payable to the WP Senior Advisory Board**  
**Bus Pick Up** 10:45am Delfino Park, Senior Bus  
 11am Community Center

## Boscobel /Cracker Barrel & Adams Farm, Garrison, NY

**Level 4**

Experience guided tour covering the unique architecture of the late 18th century home of the Dyckman family. Walk through its beautiful gardens and grounds. Afterwards lunch is on your own at Cracker Barrel. Later on we will shop at Adams Farm.

**Date/Time** Wednesday, Aug. 31, 8:30am- 4:45pm  
**Course** 163310-BB  
**Fee** \$23, Lunch on your own  
**Bus Pick Up** (8:30am Delfino Park, Senior Bus  
 8:45am Community Center

## Bethel Museum/Lunch/Woodstock, NY

**Level 4**

A 1960's America history museum- suburban life, youth, AM radio, fashion, the Civil Rights Movement, the Vietnam War, evolution of popular music and more! Lunch is on your own.

**Date/Time** Wed., Sept. 21, 8:45am-4:30pm  
**Course** 163310-BM  
**Fee** \$36, Lunch & Tour on your own  
**Bus Pick Up** (8:45am Delfino Park, Coach Bus  
 9am Community Center

# Active Older Adult Programs

## Hudson River Museum/Xaviers X20/Yonkers **Level 4**

Connect with 19th - 21st century contemporary art and sciences exhibitions at the Hudson River Museum & Planetarium. Afterwards, enjoy a three course lunch at Xaviers, overlooking the Hudson River.

**Date/Time** Wed., Sept. 28, 8:45am- 3:30pm  
**Course** 163310-HR  
**Fee** \$66 all inclusive, **2 Payments**  
**\$33 Check payable to WP Senior Advisory Board, lunch**  
**\$22 Check payable to City of White Plains, transportation/admission**  
**Bus Pick Up** 8:45am Delfino Park, Senior Bus  
9am Community Center

## Foxwood Casino/Connecticut **Level 3**

**Date/Time** Mon., Sept. 26, 8:15am-7:30pm  
**Course** 163310-FW  
**Fee** \$36, includes transportation, lunch voucher and play money for betting  
**Bus Pick Up** 8:15am Delfino Park  
8:30am Community Center

## Yankee Games **Level 3**

Call the center if you are interested in attending a Yankee game. Your name will be added to our list. Dates and prices to be announced. Call for more information, 422-1331.

## UPPER CLASS TRIPS

**All checks payable to Upper Class. Cancellation insurance available for an additional 10% based on the trip cost. There are no refunds.**

### Spring Into Mystery

Spring is almost sprung and with it, do we have a surprise for you! Where to? Well that's for us to know and you to find out.

**Date/Time** Monday, April 4, 8:30am-7:45pm  
**Location** Modell's, Tarrytown Road, White Plains  
**Fee** \$109 per person

### Sail Into Mystic

Sail the entire length of the Mystic River and cruise points of interest and historic islands. Savor sea-worthy appetizers followed by lunch aboard this tall masted schooner.

**Date/Time** Thursday, May 5, 7:15am-4:45pm  
**Location** Modell's, Tarrytown Road, White Plains  
**Fee** \$129 per person.

## Belmont Park - Long Island

Place your bets as you take in the gorgeous views from the Garden Terrace. Enjoy a buffet lunch, with private betting windows.

**Date/Time** Saturday, May 7, 9:45am-7pm  
**Location** Modell's, Tarrytown Road, White Plains  
**Fee** \$109 per person

## Private Cruise in the Thimble Islands

Cruise the historic islands off the coast of Branford, Connecticut on the Sea Mist. Prior to the cruise, visit the Connecticut Trolley Museum. Later enjoy an amazing three - course lunch at the famous U.S.S. Chowder Pot.

**Date/Time** Wednesday, June 15, 8:45am-6:30pm  
**Location** Modell's, Tarrytown Road, White Plains  
**Fee** \$119 per person

## Upper Class Overnight Trip- 2 Nation Vacation, Bangor & Bar Harbor (5 days/4 nights)

Head northward to the New England ocean breezes and salt air! Celebrate the 100th Anniversary of our National Parks with our visit to Acadia, have "Tea with Eleanor Roosevelt" on Campobello Island, attend the Maine lobster festival, and visit the coastal town of Portsmouth, New Hampshire.

**Date/Time** August 1- 5  
**Fee** Double \$949, Single \$1,235, Triple \$899  
Please call for more information  
@ 422-1331. Seats are limited.

## NYC By Twilight

Watch night fall on the NYC skyline as you sail the Hudson River on a tall-masked schooner. Your sailing experience will begin dinner at Le Rivage.

**Date/Time** September (Date TBD) 12:30pm-10pm  
**Location** Modell's, Tarrytown Road, White Plains  
**Fee** \$139 per person

## Big E Fair in Springfield, Massachusetts

You'll start with a three-course lunch at the historic Storowton Inn & Carriage House. Step into a replica of all six New England states. Enjoy great food and entertainment along the way.

**Date/Time** September (Date TBD), 8:45a-7:45pm  
**Location** Modell's, Tarrytown Road, White Plains  
**Fee** \$99 per person

# Special Events

## St. Patricks Day Parade

Celebrate the luck of the Irish, as they march down Mamaroneck Avenue with bands and maybe even a Leprechaun. Rain or shine.

**Age Group** Open to All  
**Day/Time** Saturday, March 12, Parade Starts at Noon  
**Location** Mamaroneck Ave to City Hall

## Funny Bunny Morning

A live theater production of the tale of springtime. The show features music, magic, circus acts and more. Treat bags for all participants. Limited tickets available at the Recreation office. Distribution limited four (4) per family.

**Age Group** Pre-K - 5th Grade  
**Day/Time** Saturday, March 26, 9:30, 11:30, 1:30pm performances  
**Location** White Plains Performing Arts Center  
**Fee** Free to White Plains Resident Families

## Soles for Souls

Help us make a difference! White Plains 3rd Annual Shoe Drive for Souls. Donate gently worn shoes rubber banded in pairs. Collection boxes will be located in City Buildings with culmination at Ebersole on April 16th and 17th. Help us reach our goal of 20,000 pairs! [www.soles4souls.org](http://www.soles4souls.org)

## Farmers Market

**Day/Time** Wednesday, April 27 through November 23, the market will be located on Court Street 8am - 4pm  
**Location** Court Street  
**Fee** Prices are set by individual vendors.

## Cherry Blossom Festival

Celebrate the beginning of Spring under the newest cherry trees in White Plains. Activities, entertainment, food & music.

**Age Group** Open to All  
**Day/Time** Sunday, May 1, 11am - 5pm  
**Location** Turnure Park, Lake Street  
**Fee** Free



## Outdoor Yoga Event

### “Namaste on a Two Way”

The summer solstice is a doorway into the second half of the year, energizing the paths that lead within. Experienced instructor Patty Holmes, owner of Yoga Garden will lead beginner participants and experienced Yogis in an enjoyable, exhilarating, peaceful class. FREE Yoga Mats compliments of White Plains Hospital Center for the first 75 who register.

**Age Group** Open to All  
**Age Group** Wednesday June 22 7pm Check-in @ 6pm  
**Location** Court Street BTWN Main St/Martine Ave.  
**Fee** Free register @ [registration@whiteplainsny.gov](mailto:registration@whiteplainsny.gov)

## Jill E. Solomon Bicycle Helmet Day

Bicycle helmet safety program and bicycle inspections available. Teach Your Child to Ride a Bike! An easy hands-free, crash-free, and low-stress way to get your child rolling on 2 wheels. Recreation staff and trained volunteers will present this FREE class.

**Age Group** Open to All  
**Age Group** Saturday, May 7, 10am-12pm  
**Location** Delfino Park  
**Registration** Please call 422-1336 to pre-register

## Glenn D. Loucks Track Meet

The most exciting and most prestigious High School Track and Field event in the region.

**Age Group** Open to All High School Athletes  
**Day/Time** Thursday, May 12-Saturday, May 14  
Thu, 4-6:30pm; Fri, 1- 6pm; Sat, 9:30-6pm  
**Location** WPHS Track  
**Fee** FREE

## Glenn D. Loucks 5K Race

White Plains Rotary hosts the Loucks 5K Race, beginning and ending at WPHS. A perfect kick off for the track and field events of the day.

**Age Group** Open to All  
**Day/Time** Saturday, May 14, 8am  
**Location** WPHS, Bryant Avenue Entrance  
**Registration** Forms available at the Recreation Office.  
**Fee** Adults, pre-race: \$10, Day of race: \$15, Students: \$5.

**Checks payable to: White Plains Rotary Club.**

# Special Events

## Truck Day

Numerous White Plains City Departments will showcase various types of vehicles, emergency vehicles, utility trucks and more at this earth moving event! Come climb upon, honk horns, and learn all about the trucks that help keep our City rolling.

**Age group** Open to All  
**Date/Time** Saturday, May 21 10am-2pm  
**Location** Gillie Recycling Center  
**Fee** FREE

## Memorial Day Parade

View area organizations as they parade from Church St. to the rural cemetery on N. Broadway. Memorial ceremony follows parade.

**Age Group** Open to All  
**Day/Time** Monday, May 30, 10am Parade Start  
**Location** Downtown White Plains

## White Plains Outdoor Arts Festival

A juried art show which includes arts and crafts from over 80 artists, as well as children's art workshop, student art exhibit, emerging artist display and performing artists. For additional information: White Plains Outdoor Arts Festival, P.O. Box PMB 441, 333 Mamaroneck Avenue, White Plains, NY 10605 / Voice mail: (866) 210-7137 / or our websites: [Whiteplainsoutdoorartsfestival.com](http://Whiteplainsoutdoorartsfestival.com) or [wpoaf.org](http://wpoaf.org).

**Age Group** Open to All  
**Day/Time** Saturday & Sunday, June 4 & 5, 10am-5pm  
**Location** Tibbits Park, 1 North Broadway, White Plains, New York 10601  
**Fee** FREE

## Juneteenth Parade and Festival

A celebration of African American heritage and freedom. The parade will feature bands, dancers, drummers and community groups, kicks off at 11am. Festival to follow on Court Street includes entertainment, vendors and food.

**Age Group** Open to All  
**Day/Time** Saturday, June 11, Parade 11am, Festival Noon  
**Location** Parade Mamaroneck Ave/Festival Court Street

## Independence Day Celebration

Join us for one of our most exciting and enjoyable events of the season. A fun filled evening of entertainment, giant inflatable rides, food and fireworks! The West Point Concert Band will be performing.

**Age Group** Open to All  
**Day/Time** Friday, July 1, 6-10pm \*Raindate July 6  
**Location** WPHS

## Gardella & Multicultural Festival

Join us for an exciting and enjoyable FREE event. Partnered with the White Plains Community Action Program (CAP), we will have a fun filled afternoon & evening of entertainment, DJ, live music, food, health information, etc. The evening culminates with our Championship Basketball games for our High School and Adult Leagues.

**Age Group** Open to All  
**Day/Time** Sunday, August 14  
**Location** Gardella Park, Ferris Ave.  
Additional FREE parking available at Church Street School  
**Fee:** FREE.

## Dog Days of Summer

Come join us for our "Dog Swim" at Kittrell Pool

**Age Group** Dogs 1 year & older with adult owners  
**Day/Time** Thursday, September 8, 5-7:30pm  
**Location** Kittrell Pool Fisher Ave.  
**Fee** FREE to White Plains Dogs.

## The Great White Plains Campout

Learn everything about camping and even camp at Delfino Park during our inaugural community campout. We are encouraging families who have never camped or who are seasoned campers to spend the night outdoors under the stars in White Plains.

This one day event will include a campsite, activities, entertainment, demonstrations, as well as other exciting outdoor family fun. Registration information and equipment rental information will be available after August 1 limited sites available.

### Save this Date

Saturday, September 17, 2 pm. until Sunday, September 18, 11am.  
Rain date, Saturday, September 24  
\$50 per family site (6 person maximum) limit one family per site.)

# Summer Events



## Neighborhood Nights 7pm

Outdoors in the Summer is the perfect place for picnics, fun and music, children's programs and movies. Enjoy your neighborhood park, friends and family weekday evenings.



Neighborhood Park  
**MOVIE-8:15PM**  
**NOW PLAYING:**  
•••••  
**The Good Dinosaur**  
•••••  
**Shaun The Sheep**  
•••••  
**Kung Fu Panda 3**

### MONDAYS

#### Gillie Park - Gedney Way, 7pm

- July 11 Ventastic Show
- July 18 Ms Liz Variety
- July 25 T Bone Concert

#### Mattison Park, 7pm

- July 11 Craft & Kung Fu Panda 3 Movie
- July 18 T Bone Concert
- July 25 Ms Liz Variety

### TUESDAYS

#### Druss Park - So Lexington Ave, 7pm

- July 12 T Bone Concert
- July 19 Ms Liz Variety
- July 26 Drive -In Movie Nite
- Bring a large box and we will help you make your car**
- "The Good Dinosaur" Movie

#### George Washington School, 7pm

- July 12 Craft & Kung Fu Panda 3 Movie
- July 19 T Bone Concert
- July 26 Ms Liz Variety

### WEDNESDAYS

#### Turnure Park, So Lake Street, 7pm

- July 13 Shakespeare in the Park
- July 20 Ms Liz Variety
- July 27 Drive -In Movie Nite
- Bring a large box and we will help you make your car**
- "The Good Dinosaur" Movie

#### Renaissance Plaza, 7pm

- July 6 FDR
- July 13 Jazzman
- July 20 Disco Inferno **Come Dressed to Impress**
- July 27 The Mystery Tour
- August 3 Buddy Holly That'll be the Tribute
- August 10 California Dream'in

### THURSDAYS

#### Chatterton Park Chatterton Avenue, 7pm

- July 14 T Bone Concert
- July 21 Ms Liz Variety
- July 28 Petting Zoo & Shaun the Sheep Movie

#### Gardella Park, Ferris Avenue, 7pm

- July 14 Petting Zoo & Shaun the Sheep Movie
- July 24 T Bone Concert
- July 31 Ms Liz Variety



## Dancing Under the Stars

This fun filled FREE event is open to all dancing Queens and Kings. Bring your dancing shoes and dance the night away to music each week at Renaissance Plaza.

**Wednesdays, 7 - 9pm**

Enjoy a variety of music that is certain to have you on the dance floor!

# Summer Events

## Fathers Day Family Outing FREE Concert in the Park Featuring "Showtime Dance Band"

Specializing in Motown Favorites.

**Sunday, June 19, 7pm,  
Rain Date: Monday, June 20  
Turnure Park Lake Street**

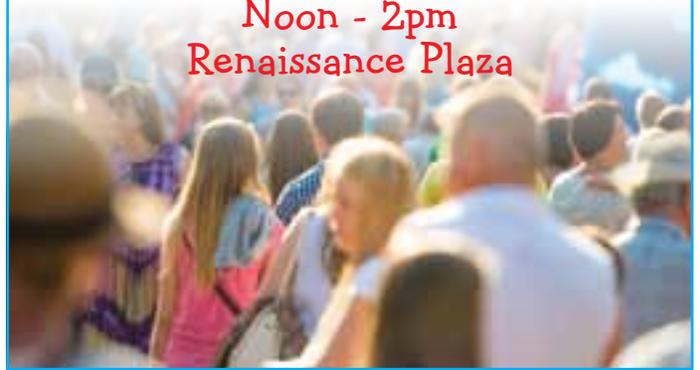


## NewYork-Presbyterian Westchester Division

### Noonday Concerts

Live musical performances held outdoors in downtown White Plains. Each week offers an exciting performance. Schedules will be available at the first concert.

**Thursday, beginning  
June 16  
Noon - 2pm  
Renaissance Plaza**



## National Night Out



**On Tuesday, August 2, 2016  
Between the hours of 6pm-9pm**

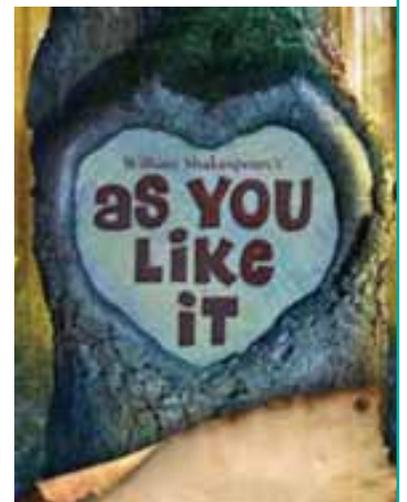
Join us in front of the Public Safety Building  
77 S. Lexington Ave, WPNY.  
For the White Plains National Night Out  
Free raffles and give-aways.

### SAFETY TIPS TO REMEMBER

- When you park your car, lock it and pocket the keys even in your driveway.
- Keep the doors and windows of your home locked when you are not there.
- Call 422-6111 (Police Bureau) and ask for the exterior of your home to be checked in your absence/vacation.
- Check out the [wppublicsafety.com](http://wppublicsafety.com) website for more information.

## shakespeare "as you like it"

**Free  
Outdoor Live  
Performance  
July 13 & 14  
Turnure Park  
Lake Street**



# Community Partners

For over 120 years, providing comprehensive behavioral health services for children, adolescents, adults and older adults in your community.

For Evaluations and Referrals, please call 1-888-694-5700

NewYork-Presbyterian  
Westchester Division

21 Bloomingdale Road  
White Plains, NY 10605  
www.nyp.org/psychiatry

**COMPLIMENTRY EVALUATION!**

Adult & Junior Academy Group Lessons  
Private Coaching  
Seasonal Court Time

**SUMMER CAMP**  
June 27th - September 2nd  
Full Day & Half Day  
10:00am - 4:00pm

EMAIL US TO SCHEDULE YOUR EVALUATION:  
INFO@TENNISINNOVATORS.COM

**TENNIS INNOVATORS ACADEMY**

110 Lake Street,  
White Plains, NY  
914.428.7444

Join White Plains Hospital, El Centro Hispano, Calvary Baptist Church & The Thomas H. Slater Center for the



**Saturday, April 30, 2015**

Registration: 8:30am-1:30pm. Testing: 9:30am-2:00pm

Location: The Thomas H. Slater Center, 2 Fisher Ct. White Plains

For more information, please call (914) 681-1119

Blood Pressure, Breast Screenings, Cholesterol Testing, Dental Screening, Diabetes Risk Screening, HIV Testing, Podiatry, Prostate/ Testicular Screening, Sickle Cell Anemia Screening & Stroke Risk Screening. Free Health Information, Exhibits, Food & Fun for the Whole Family!



**June 4 & 5**

A juried art show which includes arts and crafts from over 80 artists, as well as children's art workshop, student art exhibit, emerging artist display and performing artists.

**Day/Time:** Saturday & Sunday, June 4 & 5, 10am-5pm  
**Location:** Tibbits Park, 1 North Broadway, White Plains,



# Community Partners

## JUMP IN AND SWIM

"Jump In and Swim" is designed to help children and adults learn basic swimming skills and water safety practices. Learning these skills helps to build confidence and self-esteem. Swimmers will grow stronger in body, mind and spirit.

Participating Agencies: White Plains Recreation and Parks, White Plains City School District, White Plains YMCA, YWCA White Plains & Central Westchester, White Plains Youth Bureau and White Plains Hospital.

**WHITE PLAINS RECREATION AND PARKS**  
 85 Gedney Way • (914) 422-1336 • Call to pre-register for all programs  
 Programs are held at White Plains High School • [www.CityofWhitePlains.com](http://www.CityofWhitePlains.com)  
 Friday, March 18, 7pm: Swim Clinic featuring U.S. Olympian, Chloe Sutton (space limited)  
 Saturday, March 19, 1:30-2:15pm: Water Olympics – Beginners  
 Saturday, March 19, 2:15 – 3pm: Water Olympics – Intermediate to Advanced Saturday, March 19, 3pm – 3:45pm: Aqua Zumba Pool Party (teen to adults)

**YWCA WHITE PLAINS & CENTRAL WESTCHESTER**  
 515 North Street • (914) 949-6227 • Call to pre-register for all programs  
[www.YWCAWPCW.org](http://www.YWCAWPCW.org)  
 Monday, March 21, 1:45-2:30pm: Learn to Swim- Beginner  
 Wednesday, March 23, 10:30 am – 11:15 am: Aqua Zumba  
 Wednesday, March 23, 1:45-2:30pm: Learn to Swim- Intermediate  
 Thursday, March 24, 1:45 – 2:30 pm: Learn to Swim- Advanced  
 Saturday, March 26, 1:00 – 2:00 pm: Pool Party

**WHITE PLAINS YMCA**  
 250 Mamaroneck Avenue • (914) 949-8030 • Call to pre-register for all programs  
[WHITEPLAINS.YMCA-CNW.org](http://WHITEPLAINS.YMCA-CNW.org)  
 March 21 – March 25, 9am – 6pm: Splash Week- Free instruction  
 Saturday, April 2, 2:30pm: Swim Jamboree –activities and games for the entire family



Get your cap & goggles and snorkel your way through FREE learn to swim activities! Pre-registration may be required. Contact the sponsoring agency for requirements.



Man O'War, Front View of Ship & Dismantle, 2014



#SHEexhibition

ON VIEW IN OUR GALLERY  
**MAR 15-JUNE 25**  
 31 MAMARONECK AVE., WHITE PLAINS  
 914.428.4220 | [artsw.org/she](http://artsw.org/she)  
 Tue-Fri: 12-5pm | Sat: 12-6pm



## City of White Plains

in cooperation with

## The White Plains Historical Society

### Commemorate the 100th Anniversary of our city Looking Back in History

Tibbits Park will host  
**The Reenactment of the First Reading of the Declaration of Independence in NYS**

**Saturday June 18 Noon -2pm**  
**For additional Info Call 422-1336**

Community Partners

# Community Partners

## WHITE PLAINS Education Training CENTER



**THE KEY TO UNLOCKING YOUR FUTURE**

The City of White Plains announces the opening of the White Plains Education and Training Center.

The White Plains Education and Training Center (WP ETC) is a state-of-the-art facility which features opportunities for residents to participate in career enhancement and skills development. Register today!

**Training is available in the industries of:**

Culinary and Hospitality  
Medical and Health Care

**Professional and Personal Development includes:**

Budgeting Workshops  
English as a Second Language for the Workplace  
Workforce Preparation: Training and Coaching  
First Time Homebuyers Workshops  
Tax Preparation  
Fair Housing Workshops  
Networking

**Additional features include:**

Café open for continental breakfast  
8 am - 10:30 am, Monday - Friday

**Admissions Coach and Career Navigator:**  
Come in and meet with staff to find out more about opportunities for you!



**Career Closet** featuring free, gently used business clothing

**E-Learning Library**

Computer skills enrichment in five major areas: The Basics, Productivity/Career Enhancement, Programming, Web Development, and Graphic Design.

*Stop in for a visit and tour to see how the WP ETC can work for you! Open Monday-Friday 9 am - 8 pm*

**Training and Service Providers:**



**Partners:** White Plains Housing Authority, White Plains Hospital, and Friends of White Plains Youth Bureau

**Funders:** City of White Plains, JPMorgan Chase & Co., Westchester Community Foundation, Workforce Development Institute, and U.S. Dept. of Housing and Urban Development

White Plains Education and Training Center  
303 Quarropas Street · White Plains, NY 10601 · 914-422-8200 · [www.cityofwhiteplains.com/WPETC](http://www.cityofwhiteplains.com/WPETC)



# White Plains Performing Arts Center

white plains **performing arts center**

11 city place, white plains, ny 10601  
914.328.1600 | wppac.com



**WPPAC is Professional Theater, Not Amateur Night in the Suburbs**

*"5 Star! A hidden gem in Westchester County! WPPAC is a forum for an eclectic mix of theater during the year. From adults-only comic performances to young-adult showcases to teen and tween camp musicals: WPPAC provides affordable, accessible Broadway-style entertainment close to home"* - Joan G.

**Les Misérables is Captivating Audiences at WPPAC**

*"Tarzan" swings into the wilds of White Plains*

**The Little Mermaid makes a splash at WPPAC**

**WPPAC's August: Osage County is a Must See**

**"Sweeney Todd" — a razor-sharp production at WPPAC**

**WPPAC's "Lend Me A Tenor" - A Laugh A Minute**

*Broadway quality acting and music, sets, costumes, live orchestra... just lovely and no traffic and parking headaches!* - Dawn R

Mayhem, fun, dysfunction, and genius at the White Plains Performing Arts Center—

**We Can't Wait to See You In The Audience!**



The **WPPAC Conservatory Theatre** teaches theatre skills that help students to unleash their imaginations and creatively express themselves. Our work is both artistic and educational, we hold ourselves and our students to high professional standards while providing them with the tools necessary to meet those standards. A variety of programs for students grade 1-12 & college are available. For more information contact: [education@wppac.com](mailto:education@wppac.com)

• Mainstage Productions • Workshops • Classes • Summer Theatre Academy

Theatre is located on 3rd Floor of City Center, downtown White Plains  
check out [wppac.com](http://wppac.com) for all upcoming events and to purchase tickets



# Youth Bureau Programs



11 Amherst Place, White Plains, NY 10601 914-422-1378/Tel \*\* 914-422-6489/Fax [www.whiteplainsyouthbureau.org](http://www.whiteplainsyouthbureau.org)

## Special Events

For more information call 914-422-1378

### Harlem Fine Arts Show

March 29th, 6:00pm, White Plains Library

### 2nd Annual New York State Fatherhood Conference

April 5th, 7:30am – 4:00pm, Westchester County Center

### Father-Daughter Dance, A dinner dance for Fathers and Daughters

April 29th, 7:00pm – 9:00pm Location TBD

### Mother-Son Dance, A dinner dance for Mothers and Sons

May 13th, 7:00pm – 9:00pm Location TBD

### Annual Fatherhood Awards Breakfast

June 11th, 8:30am Location TBD



## Camp Central Spring & Summer

### Spring – S.T.E.A.M. Vacation Camp

Do you need a safe place for your child during the break? If so, we have just what you need. Our vacation **S.T.E.A.M. (Science, Technology, Engineering, Art and Math)** camp is open to all children grades K through 8. The curriculum includes educational and cultural enrichment as well as active games and sports, and a S.T.E.A.M.-themed day trip.

<b>Age Group</b>	Kindergarten – 8th grade
<b>Date/Time</b>	Spring: April 21st – 24th, 2016 8:30am – 6:00pm
<b>Location</b>	Church St. School
<b>Requirements</b>	Students bring their own lunch
<b>Contact</b>	Sherry Bannister: 914-422-1378, x6706 sbannister@whiteplainsny.gov
<b>Fees</b>	\$190/four days, \$142.50/three days; includes snack and a trip

### Bits N' Pieces Summer Enrichment Program

This six week tutorial camp offers elementary aged children the opportunity to stay on track with their studies. The program provides a safe, enjoyable and educational environment emphasizing reading, writing and critical thinking. Breakfast, lunch and an afternoon snack are provided.

<b>Age Group</b>	1st – 5th Grade
<b>Day/Time</b>	July 5th – August 12th Monday – Friday: 8:30am – 5:00pm
<b>Location</b>	TBD
<b>Contact</b>	Raymond Tribble, 914-422-1378, x6723 rtribble@whiteplainsny.gov
<b>Fee</b>	\$862* (** Fees subject to change, pending Common Council approval) Income based scholarships are available.



Unless otherwise noted, activities are available to White Plains Residents Only

# Youth Bureau Programs



11 Amherst Place, White Plains, NY 10601 914-422-1378/Tel \*\* 914-422-6489/Fax [www.whiteplainsyouthbureau.org](http://www.whiteplainsyouthbureau.org)

## Middle School Summer STEM Camp

**Summer STEM** is a unique learning experience for middle school students who will evolve into our next generation of innovators, engineers, doctors, software developers, mathematicians, and physicists.

During this six week "summer camp," students learn by doing as they take part in hands-on simulations, workshops, and site visits, while making new friends and having unforgettable adventures.

**Age Group** 7th – 8th Grade  
**Day/Time** July 5th – August 12th  
 Monday – Friday: 8:30am – 5:00pm  
**Location** TBD  
**Fee** TBD  
**Contact** Catherine Backes, 914-422-1378, x6705  
 cbackes@whiteplainsny.gov

## Health & Wellness Summer Fitness Boot Camp..... FREE!

Create a NEW YOU for the upcoming school year at the Summer Fitness Boot Camp.

You will have a new attitude along with a new body! Hiking, boxing, martial arts, swimming, life skills, and nutrition workshops.

**Age Group** 13 – 21 years old  
**Day/Time** July 5th through August 12th, 2016  
 Monday – Friday: 10:00am – 3:00pm  
**Location** Youth Bureau, 11 Amherst Place  
**Contact** Bhavana Pahwa, 914-422-1378, x6715  
 bpahwa@whiteplainsny.gov

## School Based Programs

### After School Connection

This program provides quality after school child care from school dismissal until 6 pm at all five elementary schools, the Eastview 6th Grade Academy, Highlands Middle School, the DeKalb housing complex and the Thomas Slater Center.

**Age Group** Kindergarten – 8th grade  
**Date/Time** Monday – Friday, September – June  
**Contact** Byron Smalls, 914-422-1378, x6720  
 bsmalls@whiteplainsny.gov  
**Fee** \$81.25 \*\* per week until 6 pm; billed monthly  
 Extended day until 6:30 pm available at an additional \$40 per month (\*\* Fees subject to change, pending Common Council approval)  
 Income based scholarships are available.

### SAT and College Preparation

This nine week summer program, designed for White Plains students, is administered by Let's Get Ready (LGR) and provides intensive SAT preparation and assistance with all aspects of the college admissions process. Please visit the LGR website ([www.letsgetready.org](http://www.letsgetready.org)) for additional program information and enrollment criteria. Applications for coaches and students will be available on the Website in May.

**Age Group** rising 11th and 12 graders  
**Day/Time** Tuesday & Thursday, mid-June through August  
 5:45pm – 9:00pm  
**Location** TBD  
**Fee** \$25 refundable deposit required  
**Contact** Michael Salley, [letsgetreadywpyb@gmail.com](mailto:letsgetreadywpyb@gmail.com)



Unless otherwise noted, activities are available to White Plains Residents Only

# Youth Bureau Programs



11 Amherst Place, White Plains, NY 10601 914-422-1378/Tel \*\* 914-422-6489/Fax [www.whiteplainsyouthbureau.org](http://www.whiteplainsyouthbureau.org)

## Youth Employment & Volunteer Services

### Summer Employment 2016

**Tuesday, July 5th – Friday, August 12th**

The Youth Bureau offers 6 weeks of employment to White Plains youth ages 14-21. Applicants must be available for the entire 6 week program.

1. **Applications will be available ONLINE Monday, April 11th 5pm @ [www.whiteplainsteens.com](http://www.whiteplainsteens.com)**
2. **The application DEADLINE: Thursday, May 26th by 5PM**
3. **Applications can be submitted at the following locations only:**
  - **White Plains High School – H Cafeteria, Mon – Fri, 9:00am – 12:15pm, or**
  - **YES Office, White Plains Education & Training Ctr., 303 Quarropas Street, Mon – Fri, 9:00am – 5:00pm.**
4. **Proof of White Plains residency is required.**
5. **SUBMIT APPLICATIONS EARLY!** There are a limited number of interview slots per placement. They are first come first serve.

**Identification:** If you are 14-17 you must submit a work permit. If you are 18-21 you must submit photo ID. Additionally, all applicants will need to submit a 2nd form of ID which could either be a passport, social security card, or birth certificate.

**Job Fair-Location and Date TBD:** Once you have submitted an approved application packet, identification and resume you will be invited to the Job Fair. **You MUST attend the Job Fair to be considered for a summer job.**

### Growing White Plains: SUMMER VOLUNTEERS

Recruiting volunteers for a six week summer assignment with the Growing White Plains program. The program operates two community gardens, one at NY Presbyterian Hospital, and one at the corner of Prospect St. and Sterling Ave., as well as a small greenhouse in Delfino Park. The food we grow (using organic methods) goes to feed people in White Plains in need. This is a volunteer effort and the gardens belong to the citizens of White Plains. The program operates four days per week; three hours per day.

**Age Group:** 7th – 12th grade  
**Day/Time:** July 5th – August 12th  
**Location:** Various  
**Requirements:** White Plains Residents  
**Contact :** Martin Rudow, 914-422-1378, x6717  
[mrudow@whiteplainsny.gov](mailto:mrudow@whiteplainsny.gov)

## Enrichment & Personal Growth Activities

### Babysitters Training Program

Young people focus on leadership, safety, basic care and first aid through our American Red Cross Babysitter Certification class. Applications can be obtained online at [www.whiteplainsyouthbureau.org](http://www.whiteplainsyouthbureau.org).

**Age Group** 6th – 12th grade  
**Day/Time** February 18th & April 22nd 9:30am - 4pm  
**Location** White Plains Education and Training Center  
**Contact** Janet Spencer, 914-422-1378, x6721  
[jmspencer@whiteplainsny.gov](mailto:jmspencer@whiteplainsny.gov)

### Counseling

Family and individual counseling services provided by licensed therapists (services available in Spanish) addressing behavioral problems, depression, family issues and school related problems. Parenting programs also offered.

**Age Group** 6 – 21 years of age and families.  
**Day/Time** Monday - Friday, 3:00 – 8:00pm  
Saturdays 1:00 – 8:00pm  
**Contact** Dr. Bhavana Pahwa, 914-422-1378, x6715  
[bpahwa@whiteplainsny.gov](mailto:bpahwa@whiteplainsny.gov)

### Healthy & Fit For Life

Youth have access to a fully equipped fitness facility and highly qualified coaches. Fitness activities include Boxing, Personal Training and Karate.

**Age Group** 6 – 21 years of age  
**Day/Time** Monday - Friday, 3:00 – 8:00pm  
Saturdays 12:00 – 2:00pm  
**Location** White Plains Youth Bureau  
**Contact** Dr. Bhavana Pahwa, 914-422-1378, x6715  
[bpahwa@whiteplainsny.gov](mailto:bpahwa@whiteplainsny.gov)

### Girl Scouts: Juniors and Cadettes

Girls in grades 6-9 are welcome to join the Junior Troop. Activities include journaling, arts and craft projects, community service, selling Girl Scout cookies and field trips.

**Age Group** 6th – 9th graders  
**Day/Time** Wednesdays; 4:30 – 6:00pm: School Year  
**Contact** Adrienne Rivers, 914-422-1378, x6716  
[arivers@whiteplainsny.gov](mailto:arivers@whiteplainsny.gov)



# Youth Bureau Programs



11 Amherst Place, White Plains, NY 10601 914-422-1378/Tel \*\* 914-422-6489/Fax [www.whiteplainsyouthbureau.org](http://www.whiteplainsyouthbureau.org)

## Job Bank

Calling all youth looking for a job! The local business community calls on us to help fill their jobs. Open positions are posted on our website at [www.whiteplainsyouthbureau.org/current-job-listings.html](http://www.whiteplainsyouthbureau.org/current-job-listings.html)

**Age Group** 14 and up  
**Location** White Plains High School, H Cafeteria  
**Dates** Monday – Friday, 9:00am -12:30pm  
**Contact** Janet Spencer, 914-422-1378, x6721

**FOR LOCAL BUSINESS OWNERS OR COMMUNITY MEMBERS**, who are looking to hire youth to perform odd jobs, fill office & clerical positions, computer trouble shooting, tutoring and more contact Janet Spencer at 422-1378, x6721 or via email at [jmspencer@whiteplainsny.gov](mailto:jmspencer@whiteplainsny.gov) to post a job with YES.

## Mentors

The City of White Plains Youth Bureau wants you to be a MENTOR. A mentor is a grown up friend who can help a child become a young adult who is prepared for a successful future. They are one of the people in a child's life who are there to listen and benefit from the program by watching a young person grow, and seeing how much fun young people can be when you don't have the stress of being their parent.

**Age Group** All White Plains Residents  
**Date/Time** 7 Days/Week, Year Round  
**Contact** Sheila Foley, 914-422-1378, x6709  
[sfoley@whiteplainsny.gov](mailto:sfoley@whiteplainsny.gov)

## Teen Lounges at Slater, Battle Hill & Eastview

After school and on weekends middle school and high school youth can check out the Teen Lounges at Eastview, Battle Hill and the Slater Center. Youth can drop in and meet their friends or make new ones, develop leadership skills, play video and board games, get help with homework, or just relax.

**Age Group** Middle and High School  
**Day/Time** School Year; Varies by site  
**Location** Battle Hill, Slater Center or Youth Bureau  
**Contact** Adrienne Rivers, 914-422-1378, x6716  
[arivers@whiteplainsny.gov](mailto:arivers@whiteplainsny.gov)

## Youth on Stage Performing Arts Program

**Age Group** 7 – 21 years of age  
**Day/Time** Mid-September- June  
**Contact** Adrienne Rivers, 914-422-1378, x6716  
[arivers@whiteplainsny.gov](mailto:arivers@whiteplainsny.gov)

## Studio Stage Partnership with Play Group Theatre

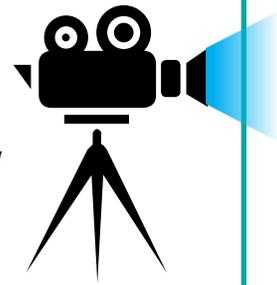
PGT in collaboration with the Youth Bureau offers places in all of its Theatre Lab classes for youth between the ages of 7 and 18. Space is limited and filled on a first come, first served basis.

**Age Group** 7 - 18 years of age  
**Location** Playgroup Theater  
**Day/Time** February-May and October-January  
Specific dates: TBD

## Film Club

Youth can learn how to tell a story with video and the mechanics that go along with it. Participants will produce a short film that will be screened at the end of the year. Directed by Purchase Film Student, Renaissance Francis.

**Age Group** Middle and High School  
**Location** White Plains Youth Bureau  
**Day/Time** March - June  
Tuesday and Friday, 4:30 – 6:30pm



## The Learning Curve Keyboard Instruction

Youth learn to play the keyboard with moderately priced instruction from Purchase College classical music graduate, David Noel. Payments and appointments are made directly with instructor.

**Age Group** Middle and High School  
**Location** TBD  
**Day/Time** Six week group sessions, once a week



Unless otherwise noted, activities are available to White Plains Residents Only

# White Plains Public Library

Summer at your Library...



## TV Production Camp:

For two summers now, we have hosted a TV Production Camp where students learn the ins and outs of creating a short news segment for REACT News. Teachers from the White Plains School District will help teens research, write a script, interview, edit and film. At the end of the two-week camp we hold "red carpet" event with pizza — for family and friends to view the videos. There will be two sessions, please check the Library's website for dates and how to register. These are open for students going into 7th – 9th grades in the fall.



## Maker Camp:

The Library will be an affiliate site for Maker Camp again this year. Each week in July and August we will work on a new project as part of the nation-wide Maker community. This camp is sponsored by Make: magazine and Google.

# THE EDGE

## Create an Android App:

In June, teens will create an Android application using Android Studio, the official integrated development environment for Android application development. Teens will learn the basics of code deployment and how to design a program for front-end users. The focus of the "app" they create will be safe driving practices and will ultimately be available for download.

In May, please check the Library's website for more information and dates.



The Trove's Summer Reading Game will start Monday, June 27 and end August 19. Check our website for related programs - print calendars will be available in The Trove.

Come in and get your passport stamped and win prizes all summer. Books on the school summer reading lists will be on display.

# White Plains Public Library



## Our International Film Festival returns in July and August

Join us for six weeks of acclaimed films from around the world. Films are selected for an adult audience, and may not be suitable for children. Please see our online calendar for film titles.

Mondays from July 4 through August 8, 2016  
at 2:00 p.m.



### Library Hours

Monday-Thursday..... 10 a.m. - 9 p.m.  
Friday.....10 a.m. - 6 p.m.  
Saturday (Sept-June).....10 a.m. - 5 p.m.  
Saturday (July-Aug).....1 p.m. - 5 p.m.  
Sunday.....1 p.m. - 5 p.m.

### Phone Numbers

Renewals by Phone.....674-4169  
Adult Reference.....422-1480  
The Trove (Children's Services).....422-1476  
The Edge (Teen Services).....422-1481  
Checkout / Library Cards.....422-1490

### Find us on these social networking sites:



[facebook.com/WhitePlainsPublicLibrary](https://www.facebook.com/WhitePlainsPublicLibrary)



[twitter.com/WhitePlainsLib](https://twitter.com/WhitePlainsLib)



[whiteplainslibrary](https://www.instagram.com/whiteplainslibrary)

### Visit our website:

[whiteplainslibrary.org](http://whiteplainslibrary.org)

For more details and listings of our free classes and events, see our website [whiteplainslibrary.org](http://whiteplainslibrary.org)

As a White Plains resident, you are eligible to receive a White Plains Public Library Card. Please stop by the Circulation Desk for details, or call 422-1490. We are a member of Westchester Library System, and your White Plains card is honored at all Westchester public libraries and at the Westchester Community College library.

# PARK FACILITIES

## WHAT MAKES WHITE PLAINS SO BEAUTIFUL?

Flowering trees, daffodils, tulips! For fifty years, the all-volunteer White Plains Beautification Foundation (WPBF) has been embellishing our parks and other areas with flowers, shrubs, trees, three street clocks, and a carillon, as well as two fountains, a flagpole, a gazebo and a summerhouse in Tibbits Park, not to mention the creation and maintenance of more than 60 gardens. On their way to planting 20,000 daffodil bulbs, WPBF invites you to see for yourself this spring. Early bloomers, daffodils are followed by hundreds of tulips, and at the end of April, 160 cherry trees burst into bloom. It's definitely worth a spin around town via your wheels or your feet. All of this is made possible by the generosity of the public. WPBF always welcomes volunteers. If you are interested, please contact [wpb4all@yahoo.com](mailto:wpb4all@yahoo.com) Be sure to also request that your name be added to the mailing list to receive a very special semi-annual newsletter. For more information, see website. [www.wpbf.org](http://www.wpbf.org)

The City has twenty multi-purpose parks which provide a variety of recreational resources, include varying combinations of ball fields, basketball courts, swimming pools, passive areas, playgrounds, and areas for active play.

### PARK RULES AND REGULATIONS

- . Parks are open daily from dawn to dusk, unless specified
- . No Dogs are permitted except in Bark Park
- . No smoking or alcoholic beverage are permitted
- . Parents must supervise children at all times
- . No littering or loitering
- . A facility permit is required for use of all City owned fields

Poolside fun for you, your family and friends. One of the best kept secrets in White Plains is the refreshing, pristine pools of Gardella Park, Ferris Ave (access & parking from Church Street School) and Kittrell Pool located on Fisher Avenue. Admission is FREE with a current Recreation ID Card: Guest Passes are \$5.00 per visit with a valid Adult Recreation Pass Holder and can be purchased @ the Recreation Office during business hours. Pools will open Saturday, June 18, Sunday, June 19 and daily from June 24 until September 2. Additional information please call 422-1339.

# PARK FACILITIES

## BATTLE HILL PARK

**LOCATION:** This 3.68 acre park is located to the west of the Battle Hill Condominiums on Battle Avenue and McKinley Avenue.

**COMMENTS:** Open field space and the outdoor basketball court is the perfect location for individuals to engage in casual athletic activities. The Community room is used as a Teen Lounge and is available for permit use.

## BATTLE OF WHITE PLAINS PARK

**LOCATION:** This 1.31 acre park is located at the corner of Whitney Street and Battle Avenue at a high point overlooking the City.

**COMMENTS:** This park is the historic site of the Battle of White Plains, designed and built in 1976 as part of the National Bicentennial Projects. Interpretive historical signage is located throughout the park.

## CHATTERTON PLAYGROUND

**LOCATION:** This .40 acre park is located at the corner of Chatterton Avenue and Harmon Street.

**COMMENTS:** The modern fenced play areas are well shaded and provide a variety of playground activities.

## DRUSS PARK

**LOCATION:** This 1.99 acre park is located at the intersect of South Lexington and Prospect Avenue opposite St. Bernard's Church.

**COMMENTS:** The park is naturally separated into three terraces divided by gentle slopes. Each terrace has a flat plateau perfect for leisure opportunities.

## MATTISON PARK

**LOCATION:** This .78 acre park is located in Fisher Hill at the intersection of Quinby Avenue and Lynton Place.

**COMMENTS:** This park serves as a gathering place for children who enjoy the play areas, court and grassed areas for unstructured play. Tot lot playground recently installed features swings, accessible play area and picnic tables.



## MITCHELL PLACE TOT LOT

**LOCATION:** This .13 acre playground is in the Core Area/Central Business District across from the Community Center on Mitchell Place.

**COMMENTS:** This fenced playground was designed especially for young children ages PreK-5 years.

# PARK FACILITIES

## TURNURE PARK

**LOCATION:** This 4.05 acre park is located on a sloping site diagonally opposite Eastview School bordered by Main Street, Canfield Avenue and Lake Street.

**COMMENTS:** A picture perfect park in a densely populated area of the city, Turnure Park is a spectacle of beauty in the spring with over 100 Japanese Cherry Trees in bloom. This is the site of our annual Cherry Blossom festival.

## DELFINO PARK

**LOCATION:** This 17.89 acre park is our largest multiuse park and is located at 110 Lake Street and is the location of Ebersole Ice rink.

**COMMENTS:** This beautiful flagship park offers many exciting recreational options. Each fall our large fields transform to a community camp ground for residents to experience the great outdoors overnight. Spring, summer and fall bring softball to Delfino Park. See Page 20 for Information on Tennis Facility and Platform Tennis Courts

## GARDELLA PARK

**LOCATION:** This 7.5 acre park is located in the Ferris Avenue and Church Street/Park Avenue neighborhoods with access from Ferris Avenue and from the parking lot of Church Street School.

**COMMENTS:** Gardella pool is a great way for residents to splash away the summer. Pool admission is free with a current Recreation ID card. This park is the location of our competitive outdoor high school and adult basketball league. Permits are available for large group outings.

## GILLIE PARK

**LOCATION:** This 11.24 acre park is located at the corner of Mamaroneck Avenue and Gedney Way.

**COMMENTS:** Registration for all Recreation programs is available in the Administration building which is also the location of all staff offices. Additionally, this busy park is known best for its outstanding tennis courts, softball fields and home to the White Plains Little League and the "Field of Dreams". Pre-school programs are abundant in the Gillie Recreation room. See Page 20 for additional information on Tennis permits and Courts.



## KITTRELL PARK

**LOCATION:** This 1.67 acre specialty park is located in Fisher Hill on a multi-level site at the intersection of Fisher Avenue and Irving Place.

**COMMENTS:** Kittrell pool renovated in 2015 features zero depth entry, lap lanes and expanded swim area. New Summer 2016 outdoor fitness center and accessible playground. Admission is free to residents with a current Recreation ID card. Guests \$5 per visit.

## BALDWIN FARM

**LOCATION:** This 18.5 acre Specialty Park is located in the Woodcrest Heights neighborhood on Hall Avenue.

**COMMENTS:** Baldwin Farm is devoted to the community gardens, which along with 40 garden plots located at the New York Hospital property off Bryant Avenue; provide residents who might not have their own land an opportunity to garden. Plots may be obtained by contacting the Recreation Administration Office at 914 422-1336.

## BARK DOG PARK

**LOCATION:** This pet friendly park is located on the Main Street extension off of Brockway Place opposite the rear of Delfino Park.

**COMMENTS:** Resident dogs are welcome to run around and exercise at our Dog Park. Included is a water fountain, bag dispenser for cleaning up after dogs and waste receptacle. This park features an area exclusively for small or young dogs. All dogs are required to have a current license tag and vaccinations.

## BRYANT-MAMARONECK PARK

This 8.93 acre circular trail way park is located on the southeast corner of Bryant and Mamaroneck Avenue.

**COMMENTS:** The half mile rugged looped trail is perfect for hiking and exploring nature. Seasonal Story walks are presented in the park, for more info see p.7. You may enter and exit the park from Mamaroneck Avenue. Meter parking is available at the City owned Shapham Place lot across Mamaroneck Avenue.

# PARK FACILITIES

## JACK HARRINGTON GREENWAY

**LOCATION:** This 19 acre linear park trail portion begins at Gedney Way.

**COMMENTS:** The trail between Gedney Way and Ridgeway is 0.8 miles long. The trail from Ridgeway to the Scarsdale border is 0.5 miles long. The Greenway from Gedney Way south to the Scarsdale line is accessible from Gedney Way and Ridgeway. The Greenway provides a long path for individuals to enjoy walking in a natural setting in a protected area.

## JACOB PURDY PARK

**LOCATION:** This 1.37 acre park is located on Park Avenue south of its intersection with Kirby Terrace.

**COMMENTS:** It is situated at the top of Purdy Hill on a part of the original 132 acre farm purchased by Jacob Purdy in 1730. In winter, the site commands an excellent view of White Plains and its surroundings to the south and west. The park was developed by the City of White Plains to accommodate the relocation of the historic Jacob Purdy House. The house is used for historical programming and as headquarters of the White Plains Historical Society.

## LIBERTY PARK

**LOCATION:** This waterfront 2 acre park is located on Lake Street on the White Plains Harrison border.

**COMMENTS:** Residents can enjoy passive recreation, picnicking, hiking and fishing in the 22 acre Silver Lake. A peaceful environment tucked away from the busy downtown Liberty Park lends itself to quiet, contemplative relaxation. Named in honor of city residents who lost their lives on September 11, 2001, this is the site of our permanent monument.

## RENAISSANCE PLAZA

**LOCATION:** This urban passive .36 acre park is located at the key downtown intersection of Mamaroneck Avenue and Main Street.

**COMMENTS:** The park features 3 large fountains with decorative lighting, music and water features, and seating on benches, surrounded by shade trees, ground cover and shrubs. Additionally, this landmark location is the site of numerous special events, concerts and ceremonies, most notably our New Year's Eve Celebration.

## RIDGEWAY NATURE TRAIL

**LOCATION:** This 0.6 mile long trail and the surrounding open space area about Ridgeway School on Ridgeway. On the north it is bordered by a small dead end street, Seeger Drive.

**COMMENTS:** The park is utilized for educational purposes. It also serves as a community resource by providing a 0.5 walking trail to the Scarsdale border. There are several wooden bridges over wet areas.

## TIBBITS PARK

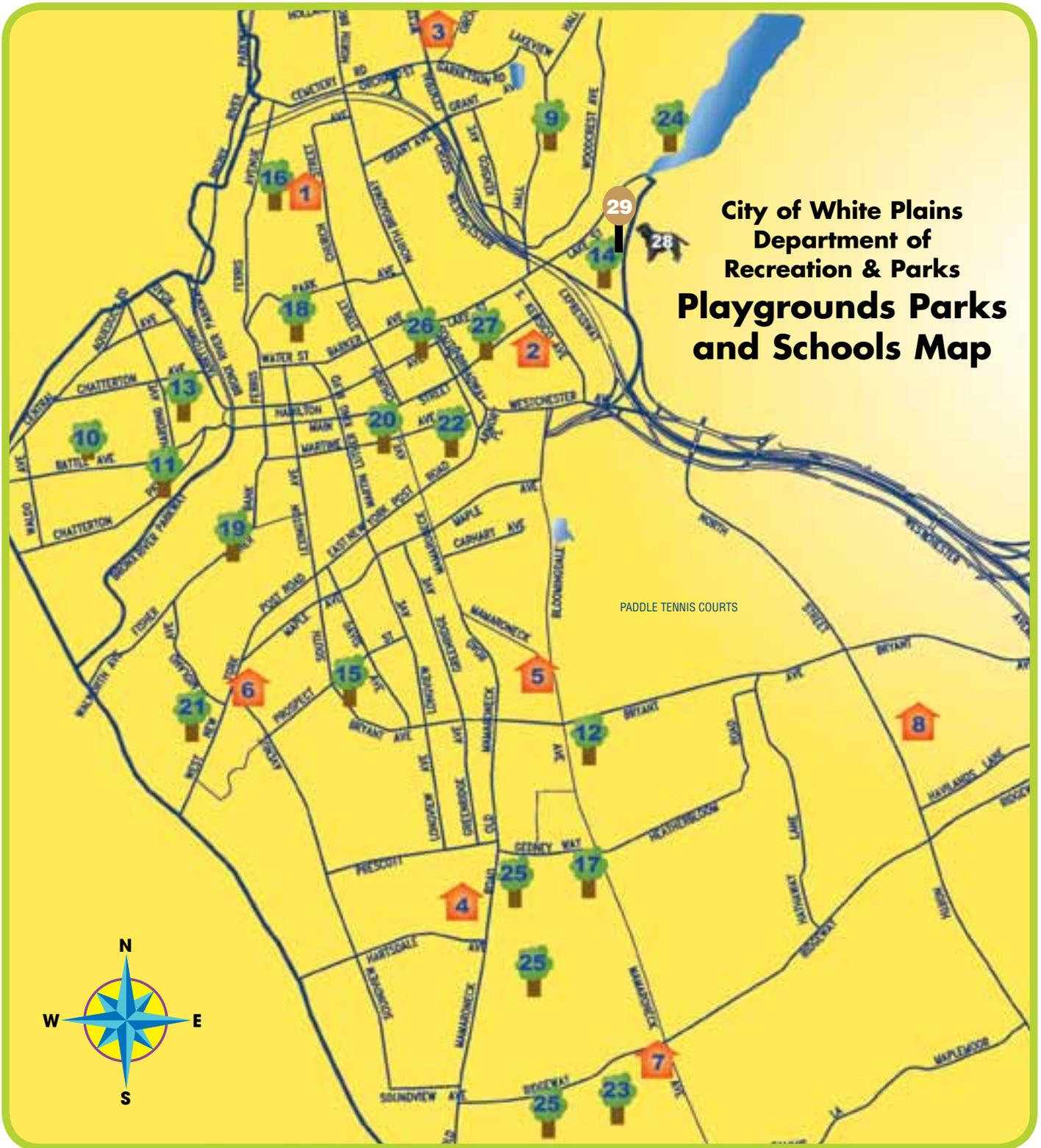
**LOCATION:** This 4.52 acre park composed of seven large median traffic islands is located along North Broadway, running from approximately Lake Street south to Armory Place.

**COMMENTS:** Colorful annual and perennial plantings installed under the auspices of the White Plains Beautification Foundation grace this park. In spring this park blooms with cherry trees. Passive areas with benches are scattered throughout the park. Two display fountains, three commemorative statues, a gazebo and decorative clock also add to the beauty of these islands.





**City of White Plains  
Department of  
Recreation & Parks  
Playgrounds Parks  
and Schools Map**



**City Schools**

- 1 Church Street School
- 2 Eastview School
- 3 George Washington School
- 4 Highlands School
- 5 Mamaroneck Avenue School
- 6 Post Road School
- 7 Ridgeway School
- 8 White Plains High School

**Parks & Playgrounds**

- 9 Baldwin Farm
- 10 Battle Hill Park
- 11 Battle-WP Park
- 12 Bryant-Mamaroneck Park
- 13 Chatterton Playground
- 14 Delfino Park
- 15 Druss Park
- 16 Gardella Park
- 17 Gillie Park
- 18 Jacob Purdy Park

- 19 Kitrell Park
- 20 Renaissance Plaza
- 21 Mattison Park
- 22 Mitchell Place Tot Lot
- 23 Ridgeway Nature Trail
- 24 Liberty Park
- 25 Jack Harrington Greenway
- 26 Tibbits Park
- 27 Turnure Park
- 28 Bark Dog Park
- 29 Paddle Tennis Courts



City of White Plains  
Recreation & Parks  
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# CITY OF WHITE PLAINS

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